



Cyclepods

Transforming bike storage

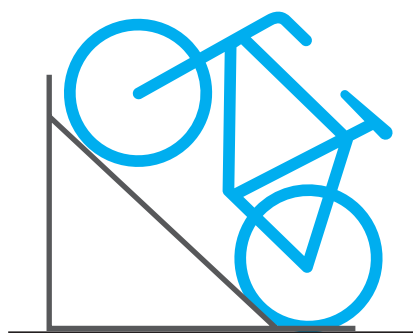
GUIDE TO
CYCLE
PARKING



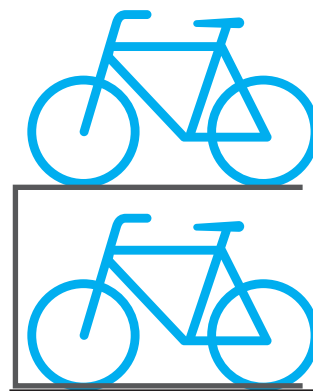
WHY DO YOU NEED CYCLE PARKING?

Cycling is growing massively as a trend in both leisure and practical travel. Promoting cycling as a mode of sustainable transport is becoming a priority for many different organisations across the UK and a big part of this is providing cycle parking facilities.

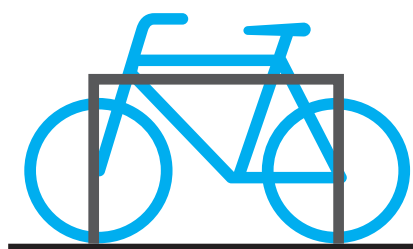
Cycle storage has advanced a long way from the humble Sheffield stand. There are now a multitude of ways to store, hang and park your bike! We know from experience what the best practice is when planning in new cycle storage so this guide will take you through all you need to consider when planning so that you get the right products to provide you with years of secure, quality cycle storage.



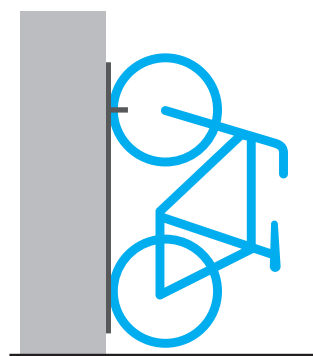
SEMI-VERTICAL



TWO-TIER



TRADITIONAL



VERTICAL

**CYCLING CAN BURN BETWEEN
400 AND 1000 CALORIES
IN AN HOUR! THATS UP TO
10,000 CALORIES A WEEK IF
YOU CYCLED AN HOUR EACH WAY!**

ESTABLISH WHAT YOUR PRIORITIES ARE

Budgets, available space, security and time frames all play a part when sourcing cycle storage.

Before you start, identify an area where you can install the cycle storage and get an estimate of the number of bikes you are looking to store. Once you have this, work out which of the below factors are the priority;



COST



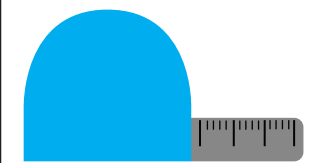
AESTHETICS



QUICK DELIVERY



SECURITY



SPACE EFFICIENT



SHELTERED

Unfortunately, there is no product that will satisfy all of these factors so try and arrange these in order of importance!

**ON AVERAGE, REGULAR CYCLE
COMMUTERS TAKE MORE THAN
ONE DAY PER YEAR LESS
OFF SICK THAN COLLEAGUES
WHO DO NOT CYCLE TO WORK**

FINDING THE RIGHT LOCATION

Getting the location right when installing cycle storage is important to ensure that you have safe and secure storage that is well used, easily operated and with minimum fuss.

Here is a handy list of things to consider when you are planning:

SLOPES

Is the ground surface level? Storing bikes on a slope can be difficult and uneven surfaces are not ideal for installing shelters.

CLOSE TO AN ENTRANCE

Storage should be placed in a location that is close to an entry or exit to the building, otherwise cyclists are likely to find something closer to lock their bike to.

GROUND SURFACE

What is the existing ground surface construction? Will you need groundworks? Check our Ground Surface page for more information on this.

MANHOLES

Are there any manholes or drains that the storage is going to cover? They will need to be accessed in the future, so consider this.

MANOUEVERABILITY

Is there plenty of room to access the storage? Bikes can be quite difficult to manoeuvre around tight corners and corridors which could lead to damage to the walls and bikes.

HEAD ROOM

If you are considering two-tier or vertical storage, these racks have a minimum required head room height. This information is usually found on specification sheets.

WALLS

If you are looking at vertical storage on a wall, are there any lights, cables, pipes or gutters that could get damaged?

CIRCULATION

Ensure that there is plenty of room for cyclists to circulate around the new storage. Consider how multiple users will enter and access the area at the same time.

TRAFFIC

Ideally, keep the storage away from roads and car access ways. If that isn't possible, orientate the storage so that cyclists won't roll their bikes out into traffic.



WHAT GROUND SURFACE DO YOU HAVE?

The vast majority of cycle parking requires some kind of hard standing surface to install onto. If you haven't got concrete, then you may need to carry out some groundworks, for example if you are looking at installing shelters.

CONCRETE

- Ideal ground surface!
- Can install any cycle parking, including shelters
- Usually, no additional ground works required

TARMAC

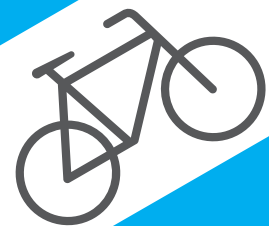
- Certain racks and stands can be bolted to tarmac
- Shelters can not be fixed directly to tarmac
- If shelters are required, these will need concrete pads

BRICK/PAVING SLABS

- Suitable for racks with a wider surface area and multiple bolts
- Not suitable for single stands and shelters
- Concrete pads need to be laid underneath for bolting shelters down

GRASS/SOFT PLAY/GRAVEL

- Nothing can be bolted into these so freestanding products are best
- Products such as lockers, semi vertical racks and toast racks are ideal - and even some two-tier racks!
- Any storage you place on these ground surfaces will not be as secure as they are not fixed down



A STUDY FROM
CANADA FOUND THAT
EMPLOYEES WHO
CYCLED TO WORK WERE
LESS STRESSED
WHEN THEY ARRIVED
THAN CAR DRIVERS

CYCLING TO WORK: WHY ITS IMPORTANT

Recently the British Council for Offices published the results of research carried out to determine levels of cycling in UK workplaces. They discovered that;

17% OF WORKPLACES OFFER NO CYCLING PROVISION AT ALL

**OF THE 83% OF WORKPLACES THAT DO OFFER CYCLE STORAGE,
ONLY 47% IS COVERED AND SECURE**

**38% OF OFFICE WORKERS SURVEYED WOULD CONSIDER CYCLING
TO WORK IF THEIR WORKPLACE HAD BETTER CYCLING FACILITIES**

17%



47%



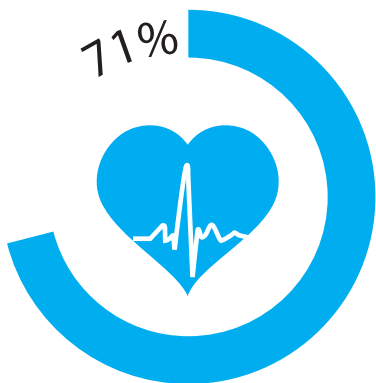
38%



This comes just after the Department for Transport announcing to aim to double the number of cycle journeys from 0.8 billion in 2013 to 1.6 billion in 2025.

**REGULAR CYCLING TO WORK CAN
CUT A RIDERS RISK BY 50%
OF DEVELOPING HEART DISEASE OR CANCER**

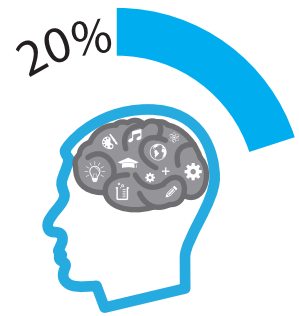
THE SURVEY ALSO SHOWED REASONS OF THOSE WHO DID CYCLE TO WORK:



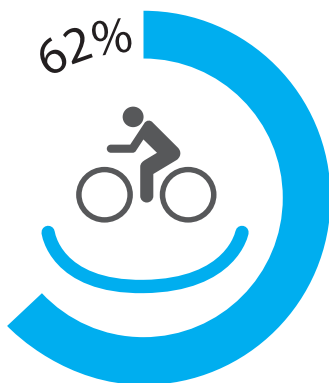
FOR HEALTH



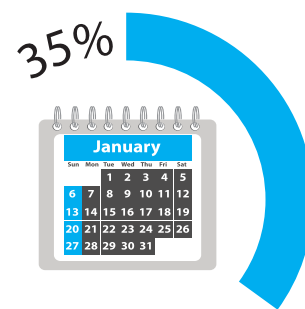
CHEAPER TRANSPORT



OFFERS THINKING TIME

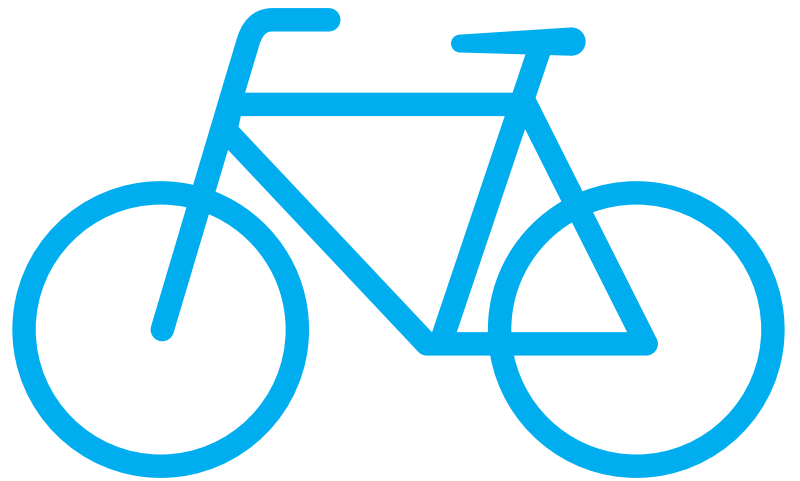


FOR ENJOYMENT



HAD TAKEN UP CYCLING
IN THE PAST 2 YEARS

THE AVERAGE PERSON WILL
LOSE 13 LBS (5.8 KILOGRAMS)
IN THEIR FIRST YEAR
OF CYCLING TO WORK!



CYCLEPODS LTD

2 BETSOMS BARN

PILGRIMS WAY

WESTERHAM

KENT

TN16 2DS