Wall panels - tool, louvre or combination

Wall panels enable you to keep small parts and tools ready to hand.

Available with or without bins
Fixing holes included (fixings not supplied)
All panels 470mm high

| Туре | Width mm | Bin / Hooks | Ref |
|-------------------------------|----------|------------------------|------|
| Tool panel | 500 | 10 hooks | WP01 |
| | 1000 | 10 hooks | WP02 |
| | 1500 | 10 hooks | WP15 |
| | 2000 | 10 hooks | WP20 |
| Louvre Panel | 500 | | WP03 |
| | 500 | 16x No2 | WP04 |
| | 1000 | | WP05 |
| | 1000 | 16x No2, 6x No3 | WP06 |
| | 1500 | | WP16 |
| Combination - louvre / tool | 1000 | 10 hooks | WP07 |
| | 1000 | 16x no2, 10 hooks | WP08 |
| Combination - Tilt bin / tool | 1000 | 30 tilt bins, 10 hooks | WP09 |



WP02



WP05









WP07

WP08

WP06

WP09

Bin container packs

Choose your own selection of bins for use with louvre panels Packs of same size bins only

Available in 4 sizes

| Size | H x W x L mm | pack | Ref |
|------|-----------------|------|------|
| No 2 | 70 x 100 x 165 | 20 | PBP2 |
| No 3 | 125 x 150 x 240 | 10 | PBP3 |
| No 4 | 125 x 200 x 355 | 10 | PBP4 |
| No 5 | 175 x 200 x 355 | 10 | PBP5 |





Adjustable Height Workbenches

Manual Handling Solutions, 58, Paige Close, The Meadows, Watlington, King's Lynn, Norfolk PE33 0TQ Tel 01553 811977 Fax 01553 811004 sales@manualhandlingsolutions.co.uk www.manualhandlingsolutions.com

Bolt adjustable height workbenches

Style ref 'BHB' - Capacity 300kg

Height adjustable 4 leg bench using a simple bolt system.

Stepless height adjustable 650mm to 950mm

9 standard sizes with choice of

5 standard worktop materials

Height adjustable 4 leg bench using a simple bolt system. Stepless height adjustable pillars formed from 2mm sheet steel allowing height adjustment from 650 to 950mm.

Finished in light grey epoxy with choice of worktops.

Height adjustable from 650mm to 950mm.



Full range of Accessories (for both benches)

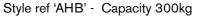
available for both above and below bench.

See accessories pages 140-142 for details.

Quick and simple bolt fixing for adjustable leg frames

| Size L mm W mm | | Standard Worktops | | | | | |
|-------------------|-----|-------------------|--------|--------|--------|-----------|--|
| | | Laminate | Vinyl | MDF | Steel | Stainless | |
| 1200 | 600 | BHB1-LA | BHB1-V | BHB1-M | BHB1-S | BHB1-SS | |
| | 750 | BHB2-LA | BHB2-V | BHB2-M | BHB2-S | BHB2-SS | |
| | 900 | BHB3-LA | BHB3-V | ВНВ3-М | BHB3-S | BHB3-SS | |
| 1500 | 600 | BHB4-LA | BHB4-V | BHB4-M | BHB4-S | BHB4-SS | |
| | 750 | BHB5-LA | BHB5-V | BHB5-M | BHB5-S | BHB5-SS | |
| | 900 | BHB6-LA | BHB6-V | BHB6-M | BHB6-S | BHB6-SS | |
| 1800 | 600 | BHB7-LA | BHB7-V | BHB7-M | BHB7-S | BHB7-SS | |
| | 750 | BHB8-LA | BHB8-V | BHB8-M | BHB8-S | BHB8-SS | |
| | 900 | BHB9-LA | BHB9-V | ВНВ9-М | BHB9-S | BHB9-SS | |

Adjustable height Cantilever workbenches



Height adjustable 770mm to 1260mm

Stepless height adjustable columns with retractable

crank handle operating spindles and gears for smooth and precise adjustment from 770mm to 1260mm working height.

Manufactured from formed 2mm sheet steel with

50 x 25mm cross members.

Finished in light grey and black epoxy with choice of worktops.



Crank handle extends for operation and

retracts under bench when not required

| Size | | Standard Worktops | | | | | |
|------|------|-------------------|--------|--------|--------|-----------|--|
| L mm | W mm | Laminate | Vinyl | MDF | Steel | Stainless | |
| 1200 | 600 | AHB1-LA | AHB1-V | AHB1-M | AHB1-S | AHB1-SS | |
| | 750 | AHB2-LA | AHB2-V | AHB2-M | AHB2-S | AHB2-SS | |
| | 900 | AHB3-LA | AHB3-V | AHB3-M | AHB3-S | AHB3-SS | |
| 1500 | 600 | AHB4-LA | AHB4-V | AHB4-M | AHB4-S | AHB4-SS | |
| | 750 | AHB5-LA | AHB5-V | AHB5-M | AHB5-S | AHB5-SS | |
| | 900 | AHB6-LA | AHB6-V | AHB6-M | AHB6-S | AHB6-SS | |
| 1800 | 600 | AHB7-LA | AHB7-V | AHB7-M | AHB7-S | AHB7-SS | |
| | 750 | AHB8-LA | AHB8-V | AHB8-M | AHB8-S | AHB8-SS | |
| | 900 | AHB9-LA | AHB9-V | AHB9-M | AHB9-S | AHB9-SS | |

Traditional Square 4-Leg frame design

Style ref 'A' Capacity 300kg

Construction

Fully welded steel

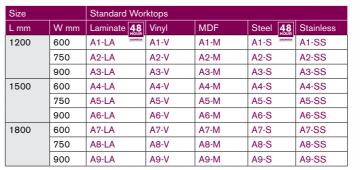
32 x 32mm legs

50 x 25mm and 25 x 25mm cross members

Frame finished in light grey epoxy

Standard height 840mm

750 & 900mm available at no extra cost



| Lower Shelf (Extra) | | | | | | |
|---------------------|-----|---------|--------|--------|--|--|
| 1200 600 | | A1-LSLA | A1-LSV | A1-LSM | | |
| | 750 | A2-LSLA | A2-LSV | A2-LSM | | |
| | 900 | A3-LSLA | A3-LSV | A3-LSM | | |
| 1500 | 600 | A4-LSLA | A4-LSV | A4-LSM | | |
| | 750 | A5-LSLA | A5-LSV | A5-LSM | | |
| | 900 | A6-LSLA | A6-LSV | A6-LSM | | |
| 1800 | 600 | A7-LSLA | A7-LSV | A7-LSM | | |
| | 750 | A8-LSLA | A8-LSV | A8-LSM | | |
| | 900 | A9-LSLA | A9-LSV | A9-LSM | | |







Bench with full depth lower shelf

Cantilever frame design

Style ref 'C' Capacity 300kg

Construction

50 x 25mm cross members with formed 1.5mm steel back, side and footrest panels

Frame finished in light grey epoxy

Standard height 840mm

750 & 900mm available at no extra cost

| Size | | Standard Worktops | | | |
|------|-----------|-------------------|-------|------|--|
| L mm | L mm W mm | | Vinyl | MDF | |
| 1200 | 600 | C1-LA | C1-V | C1-M | |
| | 750 | C2-LA | C2-V | C2-M | |
| | 900 | C3-LA | C3-V | С3-М | |
| 1500 | 600 | C4-LA | C4-V | C4-M | |
| | 750 | C5-LA | C5-V | C5-M | |
| | 900 | C6-LA | C6-V | C6-M | |
| 1800 | 600 | C7-LA | C7-V | C7-M | |
| | 750 | C8-LA | C8-V | C8-M | |
| | 900 | C9-LA | C9-V | C9-M | |



Full range of Accessories (for both benches)

available for both above and below bench.

See accessories pages 140-142 for details.



Manual Handling Solutions, 58, Paige Close, The Meadows, Watlington, King's Lynn, Norfolk PE33 0TQ Tel 01553 811977 Fax 01553 811004 sales@manualhandlingsolutions.co.uk www.manualhandlingsolutions.com

Knock-down (KD) benches can be moved, reassembled and added to at any time



Style ref 'L' Capacity 300kg

Simple, strong assembly. Welded leg end frames with bolt-together cross members (All fixings supplied)

Ideal for locations with difficult access, and convenient for transportation to alternative locations.

Standard height 840mm

750 & 900mm available at no extra cost

Knock-Down Medium Duty

| Size | | Standard Worktops | | | |
|------|------|-------------------|-------|------|--|
| L mm | W mm | Laminate | Vinyl | MDF | |
| 1200 | 600 | L1-LA | L1-V | L1-M | |
| | 750 | L2-LA | L2-V | L2-M | |
| | 900 | L3-LA | L3-V | L3-M | |
| 1500 | 600 | L4-LA | L4-V | L4-M | |
| | 750 | L5-LA | L5-V | L5-M | |
| | 900 | L6-LA | L6-V | L6-M | |
| 1800 | 600 | L7-LA | L7-V | L7-M | |
| | 750 | L8-LA | L8-V | L8-M | |
| | 900 | L9-LA | L9-V | L9-M | |
| | | | | | |

| Lower Shelf (Extra) | | | | | | | |
|---------------------|-----|----------|---------|---------|--|--|--|
| 1200 | 600 | L1-LS-LA | L1-LS-V | L1-LS-M | | | |
| | 750 | L2-LS-LA | L2-LS-V | L2-LS-M | | | |
| | 900 | L3-LS-LA | L3-LS-V | L3-LS-M | | | |
| 1500 | 600 | L4-LS-LA | L4-LS-V | L4-LS-M | | | |
| | 750 | L5-LS-LA | L5-LS-V | L5-LS-M | | | |
| | 900 | L6-LS-LA | L6-LS-V | L6-LS-M | | | |
| 1800 | 600 | L7-LS-LA | L7-LS-V | L7-LS-M | | | |
| | 750 | L8-LS-LA | L8-LS-V | L8-LS-M | | | |
| | 900 | L9-LS-LA | L9-LS-V | L9-LS-M | | | |

Construction

Welded steel leg frames - 32 x 32mm legs Formed steel 50 x 25mm and 25 x 25mm

Frame finished in light grey epoxy

Full range of Accessories (for both benches) available for both above and below bench. See accessories pages 140-142 for details.



456 Heavy Duty

Style ref 'DA' Capacity 450kg

Heavy duty square welded steel construction with choice of 25, 36 or 50mm thick worktops

25mm worktops - 5 choices

(36mm & 50mm worktops available on request) Fully welded steel

50 x 50mm legs

50 x 25mm cross members

| 0-1 | |
|----------|-----------|
| Colours | i |
| Bench fr | rames in: |
| | Light Gre |
| also ava | ilable: |
| | Blue |
| | Red |

| Size | | | Standard Worktops | | | | | Lower Shelf |
|------|------|------|-------------------|-------|-------|-------|-----------|---------------|
| | L mm | W mm | Laminate | Vinyl | MDF | Steel | Stainless | Steel (Extra) |
| | 1200 | 600 | DA1-LA | DA1-V | DA1-M | DA1-S | DA1-SS | D1-LSS |
| | | 750 | DA2-LA | DA2-V | DA2-M | DA2-S | DA2-SS | D2-LSS |
| | | 900 | DA3-LA | DA3-V | DA3-M | DA3-S | DA3-SS | D3-LSS |
| | 1500 | 600 | DA4-LA | DA4-V | DA4-M | DA4-S | DA4-SS | D4-LSS |
| | | 750 | DA5-LA | DA5-V | DA5-M | DA5-S | DA5-SS | D5-LSS |
| | | 900 | DA6-LA | DA6-V | DA6-M | DA6-S | DA6-SS | D6-LSS |
| | 1800 | 600 | DA7-LA | DA7-V | DA7-M | DA7-S | DA7-SS | D7-LSS |
| | | 750 | DA8-LA | DA8-V | DA8-M | DA8-S | DA8-SS | D8-LSS |
| | | 900 | DA9-LA | DA9-V | DA9-M | DA9-S | DA9-SS | D9-LSS |

Workbench Accessories

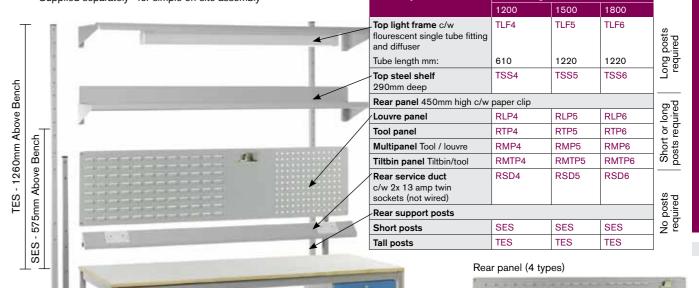
Build your ideal bench combination

For all 456 workbenches Order individually

tor plastic bin packs

see page 136

Above bench accessories Supplied separately - for simple on-site assembly





140

456 Accessories

Tool panel c/w papers clip



Multi panel (louvre / clip / tool)



Tiltbin panel (tiltbins / clip / tool)



want a top shelf

and/or light frame

for monitor arm

see page 142

for tool clips see page 142

available on

page 141

Please turn over for below bench accessories



456 Accessories









| DIP-01 | DIP-02 |
|--------|--------|
| | |
| | |

DIP-03 DIP-04

Below bench accessories

Supplied fitted - (but are removable)

Drawers and Cupboards

Lockable drawer and cupboard units bolt to the underside of the workbench frame, using captive nuts fitted to every frame, so they can be fitted or changed at any time. Cupboards have one fixed steel shelf.

| Below bench accessory | H x W x D mm | Left fitted Ref | Right fitted Ref |
|--------------------------------|--|-----------------|------------------|
| Single drawer | 140 x 410 x 430 | LA | RA |
| 2 drawer unit | 280 x 410 x 430 | LE | RE |
| 3 drawer unit | 420 x 410 x 430 | LH | RH |
| 4 drawer unit | 560 x 410 x 430 | LK | RK |
| Small cupboard | 420 x 410 x 430 | LC | RC |
| Single drawer + small cpbd | 560 x 410 x 430 | LG | RG |
| Large cupboard | 560 x 410 x 430 | LD | RD |
| Modesty Panels - For style A b | enches only | | |
| 2 ends + rear | for 1200mm bench | | MP4 |
| 2 ends + rear | for 1500mm bench | | MP5 |
| 2 ends + rear | for 1800mm bench | | MP6 |
| Retaining skirt - | For style A, DA, only 100mm high steel, 2 ends and back, | - | RS |

Colours

All above bench accessories and cupboard and drawer carcass:

Light Grey epoxy

Drawer fronts and doors available

in choice of:

Dark Grey

Blue supplied if none specified.

Drawer inserts

Polypropylene box inserts used to bring order and organisation to drawer systems.

All inserts are 69mm high and are individually removable Colour: opaque

DIP-01

18x 55mm x 79mm; 6x 79mm x 109mm

DIP-02

30x 55mm x 79mm

DIP-03

8x 55mm x 79mm; 2x 79mm x 109mm;

3x 109mm x 157mm; 2x 55mm x 235mm

DIP-04

8x 55mm x 79mm; 4x 55mm x 235mm;

2x 79mm x 159mm; 1x 79mm x 109mm

Tool hooks

Range of tool hooks and holders for use with tool panels (tools not included)

| Hook description | Size | Ref |
|----------------------|-----------------|---------|
| Single hook | 30mm long | CP1-30 |
| | 60mm long | CP1-60 |
| | 90mm long | CP1-90 |
| Double hook | 30mm long | CP2-30 |
| | 60mm long | CP2-60 |
| Single angled hook | 30mm long | CP3-30 |
| | 60mm long | CP3-60 |
| Pliers holder | 17mm long | CP4-17 |
| | 20mm long | CP4-20 |
| Spring Clip | 12mm dia | CP5-12 |
| | 18mm dia | CP5-18 |
| | 24mm dia | CP5-24 |
| Pipe holder | 30mm dia | CP6-30 |
| | 50mm dia | CP6-50 |
| Drill bit holder | 22 bit capacity | CP7-22 |
| Drill holder | 2 hook pack | CP8-02 |
| Spanner holder | 8 slot | CP9-08 |
| Can holder | - | CP10-01 |
| Angle grinder holder | - | CP11-01 |
| Hammer holder | - | CP12-01 |





CP1 Single hook









CP11 Angle grinder holder









CP12 Hammer holder

CP3 angled hook

Monitor Arm

Fully height adjustable with quick height fixing clasp to rear of post. Extended reach of 500mm from post mounting and can fold completely flush back to the post. Capacity: Up to 19 inch monitors with a weight capacity of 10kgs.

Clamp fixing to rear or through work surface.

Compatible with both 75mm and 100mm VESA standard monitor mounts. Integrated cable management.

Finish: Silver epoxy

Ref: CA-M001



CPU Mount

Fixed CPU mount for underbench fastening the CPU vertically.

Adjustable frame for width: 50 to 275mm. Adjustable frame for height 380 to 580mm.

Ref: CA-C001

Cable tidy

Can be used either in vertical or horizontal

Connecting rings have an uninterrupted tunnel in order to organise your cables. Weighted at one end to stop movement when cables are inserted. Total length: 790mm

Ref: CA-T001



456 Accessories **456** Accessories 456 Complete Workneches

144

Select from:

3 frame styles options

- 3 worktops options
- 3 size options
- 3 accessory front colours



Easy Order

One reference for complete popular workbench and accessory combinations, as illustrated.

You can specify blue, red or dark grey drawer and cupboard front colours (supplied blue if not specified).

E3 workbench complete

Height: 840mm (750 and 900mm available on request, at no extra cost) Workbench with tall rear extension posts, top light frame, top shelf, louvre panel, service duct, single drawer, and single drawer and cupboard (Add suffix B, R or DG to select drawer/cupboard front colour blue supplied if not specified)

| L x D mm | Laminate Worktop | Vinyl Worktop | Steel Worktop | | | |
|--|------------------------|-------------------|---------------|--|--|--|
| Frame: Square 4-leg - "A" (Illustrated - 300kg capacity) | | | | | | |
| 1200 x 750 | E3-ALA4 | E3-AV4 | E3-AST4 | | | |
| 1500 x 750 | E3-ALA5 | E3-AV5 | E3-AST5 | | | |
| 1800 x 750 | E3-ALA6 | E3-AV6 | E3-AST6 | | | |
| Frame: Cantileve | r - "C" (300kg capacit | y) - std worktops | | | | |
| 1200 x 750 | E3-CLA4 | E3-CV4 | - | | | |
| 1500 x 750 | E3-CLA5 | E3-CV5 | - | | | |
| 1800 x 750 | E3-CLA6 | E3-CV6 | - | | | |
| Frame: Heavy Du | ty - "DA" (450kg capa | city) - 25mm tops | | | | |
| 1200 x 750 | E3-HDLA4 | E3-HDV4 | E3-HDST4 | | | |
| 1500 x 750 | E3-HDLA5 | E3-HDV5 | E3-HDST5 | | | |
| 1800 x 750 | E3-HDLA6 | E3-HDV6 | E3-HDST6 | | | |

Cupboard benches

Medium duty workbenches fitted with full length sliding door cupboard.

Storage / cupboard benches are based on the square 4-leg medium duty 456 range of workbenches. Full range of sizes and worktops available. Cupboards have single fixed steel shelf.

Construction:

Welded steel square and rectangular section frame (14 and 16swg to BS6323) Worktop specifications Plastic edge lipping is available as an option for laminate or vinyl worktops

Colours

All above bench accessories and cupboard carcass: Light Grey epoxy Doors available in choice of:

Dark Grey Blue supplied if none specified.

| Size | | Standard Worktops | | | | | |
|------|------|-------------------|-------|-------|-----------|--|--|
| L mm | W mm | Laminate | Vinyl | MDF | Stainless | | |
| 1200 | 600 | RE1-LA | RE1-V | RE1-M | RE1-SS | | |
| | 750 | RE2-LA | RE2-V | RE2-M | RE2-SS | | |
| | 900 | RE3-LA | RE3-V | RE3-M | RE3-SS | | |
| 1500 | 600 | RE4-LA | RE4-V | RE4-M | RE4-SS | | |
| | 750 | RE5-LA | RE5-V | RE5-M | RE5-SS | | |
| | 900 | RE6-LA | RE6-V | RE6-M | RE6-SS | | |
| 1800 | 600 | RE7-LA | RE7-V | RE7-M | RE7-SS | | |
| | 750 | RE8-LA | RE8-V | RE8-M | RE8-SS | | |
| | 900 | RE9-LA | RE9-V | RE9-M | RE9-SS | | |

Heavy Duty - 450kg

Manual Handling Solutions, 58, Paige Close, The Meadows, Watlington, King's Lynn, Norfolk PE33 0TQ

Tel 01553 811977 Fax 01553 811004 sales@manualhandlingsolutions.co.uk www.manualhandlingsolutions.com

Strong, fully welded, steel construction makes these versatile workbenches suitable for the toughest of applications. Choice of worktops and range of accessories provides the best combination for your requirements.

| Size | | Standard Worktops | | | | | Lower shelf |
|------|------|-------------------|-------|------|-----------|----------|---------------|
| L mm | W mm | Laminate 48 | Vinyl | MDF | Stainless | Steel 48 | steel (extra) |
| 1200 | 600 | M1-LA | M1-V | M1-M | M1-SS | M1-S | HLS1 |
| | 750 | M2-LA | M2-V | M2-M | M2-SS | M2-S | HLS2 |
| | 900 | M3-LA | M3-V | М3-М | M3-SS | M3-S | HLS3 |
| 1500 | 600 | M4-LA | M4-V | M4-M | M4-SS | M4-S | HLS4 |
| | 750 | M5-LA | M5-V | M5-M | M5-SS | M5-S | HLS5 |
| | 900 | M6-LA | M6-V | M6-M | M6-SS | M6-S | HLS6 |
| 1800 | 600 | M7-LA | M7-V | M7-M | M7-SS | M7-S | HLS7 |
| | 750 | M8-LA | M8-V | M8-M | M8-SS | M8-S | HLS8 |
| | 900 | M9-LA | M9-V | M9-M | M9-SS | M9-S | HLS9 |



(2mm) (1.2mm)





Standard height 840mm

750 & 900mm available at no extra cost

Construction

Fully welded Heavy Duty: 40 x 40mm steel angle

Choice of 6: Steel, MDF, Blockboard, Laminate, Vinyl, Stainless Steel

Dove grey electro-static paint

Accessories - Factory fitted.

Customise your workbench with cupboards, drawers etc, see next page for details.



Lower shelf - (extra) Steel, full depth (welded to bracing)

Please turn over for 750kg capacity model



456 Accessories

Fully boxed bench with sliding doors

All frames finished in light grey epoxy

All stainless steel model - see page 163

and half depth central shelf

(colour choice for doors)

Finish:

Engineering Workbenches

Extra Heavy Duty - 750kg

Construction

Fully welded. Extra Heavy Duty: 50 x 50mm steel angle

Choice of 6 worktops

Steel, MDF, Blockboard, Laminate, Vinyl, Stainless Steel

Dove grey electro-static paint

Standard height 840mm

750 & 900mm available at no extra cost

| Size | | Standard Wo | | | | | Lower shelf | |
|------|------|-------------|-------|------|-----------|----------|---------------|--|
| L mm | W mm | Laminate 48 | Vinyl | MDF | Stainless | Steel 48 | steel (extra) | |
| 1200 | 600 | H1-LA | H1-V | H1-M | H1-SS | H1-S | HLS1 | |
| | 750 | H2-LA | H2-V | H2-M | H2-SS | H2-S | HLS2 | |
| | 900 | H3-LA | H3-V | Н3-М | H3-SS | H3-S | HLS3 | |
| 1500 | 600 | H4-LA | H4-V | H4-M | H4-SS | H4-S | HLS4 | |
| | 750 | H5-LA | H5-V | H5-M | H5-SS | H5-S | HLS5 | |
| | 900 | H6-LA | H6-V | H6-M | H6-SS | H6-S | HLS6 | |
| 1800 | 600 | H7-LA | H7-V | H7-M | H7-SS | H7-S | HLS7 | |
| | 750 | H8-LA | H8-V | H8-M | H8-SS | H8-S | HLS8 | |
| | 900 | H9-LA | H9-V | H9-M | H9-SS | H9-S | HLS9 | |
| | • | | | | • | (3mm) | (1.2mm) | |





Left fitting Ref Right fitting Ref

RH-11

RH-13

RH-14

RH-12

RH-15

LH-11

LH-13

LH-14

LH-12

LH-15 RSD-4

RSD-5

RSD-6

RS1

RS3

Engineering Bench Accessories

For both heavy duty and

of your selected bench.

Single drawer

2 drawer unit

3 drawer unit

Single drawer + cupb'd

Rear service duct with

2 x 13amp sockets

Retaining skirt

Retaining skirt

cupboard

extra heavy duty workbenches.

Choose your selection of accessories for engineering

benches from this page, add the reference numbers to that

HxWxLmm

140 x 410 x 430

280 x 410 x 430

420 x 410 x 430

600 x 410 x 430

740 x 410 x 430

1200mm

1500mm

1800mm

rear only

100mm engineering vice c/w vice plate and bolts EV

3 x 230 x 230



3 drawer unit





Single drawer + Cupboard



Rear service duct

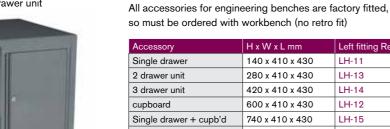
Engineering vice and vice plate



Cupboard



Retaining skirt





Easy Order

Manual Handling Solutions, 58, Paige Close, The Meadows, Watlington, King's Lynn, Norfolk PE33 0TQ

Tel 01553 811977 Fax 01553 811004 sales@manualhandlingsolutions.co.uk www.manualhandlingsolutions.com

The easy order benches shown on this page are supplied complete with the stated accessories.

- one simple reference for the complete package

E8 workbench complete

As illustrated: H: 840mm with MDF worktop with 2 cupboards Easy Order Refs:

| L x D mm | Heavy Duty | Extra Heavy Duty |
|------------|------------|------------------|
| 1200 x 750 | E8M4 | E8H4 |
| 1500 x 750 | E8M5 | E8H5 |
| 1800 x 750 | E8M6 | E8H6 |



E11 workbench complete

As illustrated: H: 840mm with steel worktop, 3 side retaining skirt, lower shelf, 2 drawer unit and 1 cupboard Easy Order Refs:

| L x D mm | Heavy Duty | Extra Heavy Duty |
|------------|------------|------------------|
| 1200 x 750 | E11M4 | E11H4 |
| 1500 x 750 | E11M5 | E11H5 |
| 1800 x 750 | E11M6 | E11H6 |



E7 workbench complete

As illustrated: H: 840mm with MDF worktop, 1 drawer and 1 cupboard Easy Order Refs:

| L x D mm | Heavy Duty | Extra Heavy Duty |
|------------|------------|------------------|
| 1200 x 750 | E7M4 | E7H4 |
| 1500 x 750 | E7M5 | E7H5 |
| 1800 x 750 | E7M6 | E7H6 |



E9 workbench complete

As illustrated: H: 840mm with steel worktop with 3 drawers and 1 cupboard Easy Order Refs:

| L x D mm | Heavy Duty | Extra Heavy Duty |
|------------|------------|------------------|
| 1200 x 750 | E9M4 | E9H4 |
| 1500 x 750 | E9M5 | E9H5 |
| 1800 x 750 | F9M6 | F9H6 |





Stainless Steel Workbenches

148

Stainless Steel Workbenches

Stainless steel workbenches and tables for clean and hygienic work environments.

1.2mm thick stainless steel (Grade 304) worktop with all edges turned down and corners welded.

75 x 50mm framework, 450kg capacity

Standard working height 840mm (900mm available on request).

All stainless steel cupboard bench, see page 163.



Stainless Steel Workbenches - Style ref 'SS'

| Shelf Length | Depth 600mm | Depth 750mm | Depth 900mm |
|--------------|-------------|-------------|-------------|
| 1200mm | SS420 | SS426 | SS430 |
| 1500mm | SS520 | SS526 | SS530 |
| 1800mm | SS620 | SS626 | SS630 |

Stainless Steel Medium Duty - Style ref 'ASS'

Capacity 300kg

Construction

Fully welded 304 grade stainless steel frame

32 x 32mm legs with adjustable feet

50 x 25mm and 25 x 25mm cross members

Removable stainless steel worktop

| | • |
|--|---|
| | |
| | |

| Shelf Length | Depth 600mm | Depth 750mm | Depth 900mm |
|--------------|-------------|-------------|-------------|
| 1200mm | ASS-1 | ASS-2 | ASS-3 |
| 1500mm | ASS-4 | ASS-5 | ASS-6 |
| 1800mm | ASS-7 | ASS-8 | ASS-9 |

Easy Order Stainless Workbenches

(one ref for complete bench)

As illustrated to the left. Height: 840mm

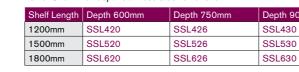
Stainless steel top and frame, with single drawer, cupboard and lower shelf.

Based on bench model style 'SS'

| Shelf Length | Depth 600mm | Depth 750mm | Depth 900r |
|--------------|-------------|-------------|------------|
| 1200mm | SSEO420 | SSEO426 | SSEO430 |
| 1500mm | SSEO520 | SSEO526 | SSEO530 |
| 1800mm | SSEO620 | SSEO626 | SSEO630 |

Suitable for both SS and ASS style workbenches.

Lower Shelf - Full depth stainless steel lower shelf



| Accessory | HxWxD | fitted left | fitted right |
|-----------|-----------------|-------------|--------------|
| Drawer | 140 x 410 x 430 | SSDL | SSDR |
| Cupboard | 420 x 410 x 430 | SSCL | SSCR |

Antistatic workbenches

Static control cantilever workstations with conductive or static dissipative worksurfaces.

Medium duty (300kg) construction 14 & 16swg to BS6323. Cantilever leg design, fitted with 4 adjustable feet.

Workbenches

Manual Handling Solutions, 58, Paige Close, The Meadows, Watlington, King's Lynn, Norfolk PE33 0TQ

Tel 01553 811977 Fax 01553 811004 sales@manualhandlingsolutions.co.uk www.manualhandlingsolutions.com

c/w earth grounding cord + press stud.

| Size | Worktop | | |
|------|---------|---------|---------|
| L mm | D mm | BFB | ALA |
| 1200 | 600 | AS1-BFB | AS1-ALA |
| | 750 | AS2-BFB | AS2-ALA |
| | 900 | AS3-BFB | AS3-ALA |
| 1500 | 600 | AS4-BFB | AS4-ALA |
| | 750 | AS5-BFB | AS5-ALA |
| | 900 | AS6-BFB | AS6-ALA |
| 1800 | 600 | AS7-BFB | AS7-ALA |
| | 750 | AS8-BFB | AS8-ALA |
| | 900 | AS9-BFB | AS9-ALA |

Worktop options:

(BFB) Black fibreboard worksurface Conductive resistance to ground:

1x 10-3 - 1x 10-5 ohms

(ALA) Grey laminate worksurface

Static dissipative resistance to ground:

1x 10-4 - 9x 10-6 ohms



Accessories - above bench

| Accessory | Ref | Posts Required |
|-----------------|-------------------|---------------------------------|
| Extension pos | ts (pair) require | d for the following accessories |
| Short | SES-A | - |
| Tall | TES-A | - |
| Top light frame | e with flouresce | nt fitting and diffuser |
| 1200 | TLF4-A | TES |
| 1500 | TLF5-A | TES |
| 1800 | TLF6-A | TES |
| Top shelf - ste | el 290mm dept | h |
| 1200 | TSS4-A | TES |
| 1500 | TSS5-A | TES |
| 1800 | TSS6-A | TES |
| Top shelf - Dis | sipative laminat | te 290mm depth |
| 1200 | TDL4-A | TES |
| 1500 | TDL5-A | TES |
| 1800 | TDL6-A | TES |
| Rear louvre pa | anel 450mm hig | jh |
| 1200 | RLP4-A | SES |
| 1500 | RLP5-A | SES |
| 1800 | RLP6-A | SES |
| Rear service o | luct 2 x 13amp | sockets and insulators |
| 1200 | RSD4-A | - |
| 1500 | RSD5-A | - |
| 1800 | RSD6-A | - |

Accessories - below bench

| Accessory H x W x D | Left fitted | Right fitted |
|--|-------------|--------------|
| Single drawer 140 x 410 x 430mm | LA | RA |
| 2 drawer unit 280 x 410 x 430mm | LE | RE |
| 3 drawer unit 420 x 410 x 430mm | LH | RH |
| 4 drawer unit 560 x 410 x 430mm | LK | RK |
| Small cupboard 420 x 410 x 430mm | LC | RC |
| Single drawer + small cupboard 560 x 410 x 430mm | LG | RG |
| Large cupboard 560 x 410 x 430mm | LD | RD |

Colours

All above bench accessories and cupboard and drawer carcass:

Light Grey epoxy

Drawer fronts and doors available in choice of:

Dark Grey

Blue supplied if none specified.

Please turn over for additional antistatic accessories



Stainless Steel Workbenches

Timber Workbenches



ADT002





ADT001

ADT003









ADT005

ADT006



Additional antistatic equipment

| Accessory | Ref | | |
|-------------------------------------|--------|--|--|
| General Earth bonding plug | ADT001 | | |
| Wristband and cord | ADT002 | | |
| Wriststrap connection point | ADT003 | | |
| Straight cord | ADT004 | | |
| Earth lead and plug | ADT005 | | |
| Heel grounder | ADT006 | | |
| Testers | | | |
| Wristband tester | ADT009 | | |
| Resistivity tester | ADT010 | | |
| Matting | | | |
| Bench mat with stud 1200 x 600mm | ADT011 | | |
| Floor mat with stud 1200 x 1500mm | ADT012 | | |
| Seating (medistat vinyl) | | | |
| Standard conductive chair | ADT024 | | |
| Ergonomic conductive chair | ADT022 | | |
| Arms (pair) | ADT023 | | |
| Sign | | | |
| Warning sign (rigid plastic) ADT020 | | | |



ADT020



ADT024



Timber Workbenches

Timber workbenches are recommended for use in industrial, commercial, schools, educational training centres and home workshops.

Robust timber construction.

Choice of worktops and accessories.

Finish: Clear varnish.

Worktops:

Plywood: 36mm plywood with hardwood edge. Hardwood: 44mm hardwood.

Lower shelf: 18mm MDF (fitted as standard)

Construction:

Legs: 85 x 65mm Upper side rails: 144 x 25mm Lower side rails: 88 x 28mm

Standard Workbenches - 840mm high

| Size mm | Plywood | Hardwood |
|----------|---------|----------|
| 1200x750 | T426P | T426H |
| 1500x750 | T526P | T526H |
| 1800x750 | T626P | T626H |

Timber Workbenches

Manual Handling Solutions, 58, Paige Close, The Meadows, Watlington, King's Lynn, Norfolk PE33 0TQ

Tel 01553 811977 Fax 01553 811004 sales@manualhandlingsolutions.co.uk www.manualhandlingsolutions.com



| - 49 | |
|---|--|
| Designed for multiple users, working from multiple sides. | |
| | |

| Size mm | Plywood | Hardwood |
|-----------|---------|----------|
| 1200x1200 | T1212P | T1212H |



Garage Benches - 900mm high Designed for use where space is a premium, ideal for home use.

| Size mm | Plywood | Hardwood |
|----------|---------|----------|
| 1000x700 | T1070P | T1070H |

Accessories

| Accessory | L/H/Side Fitted | R/H/Side Fitted | |
|-----------------|-----------------|-----------------|--|
| Single Drawer | T1DL | T1DR | |
| 4 Drawer | T4DL | T4DR | |
| Drawer/Cupboard | TDCL | TDCR | |
| Cupboard | TCL | TCR | |

| Accessory | Ref |
|-----------------------|------|
| 100mm High Rear Skirt | TRS1 |
| 1200mm Backboard | TPB4 |
| 1500mm Backboard | TPB5 |
| 1800mm Backboard | TPB6 |
| Tool Rack - 5 Slots | TTR |
| Saw Rack - 2 Slots | TSR |
| Vice - Medium Duty | TMDV |
| Vice - Heavy Duty | THDV |



Medium Duty Vice (TMDV)

Jaw dimensions 160 x 70mm Fully extendable



Heavy Duty Vice (THDV)

Jaw dimensions 330 x 50mm usable Fully extendable



Saw rack - 2 Slots



Single Drawer Unit (T1DL/R)

External dimensions (D x W x H): 430 x 410 x 155mm Internal dimensions (D x W x H): 355 x 330 x 100mm



4 Drawer Unit (T4DL/R)

External dimensions (D x W x H): 430 x 410 x 475mm Internal dimensions (D x W x H): 355 x 330 x 70mm per drawer



Tool rack - 5 Slots



Cupboard Unit

External dimensions (D x W x H): 430 x 410 x 475mm Internal dimensions (D x W x H): 390 x 375 x 438mm Complete with removable shelf,



Drawer/Cupboard Unit (TDCL/R)

External dimensions (D x W x H): 430 x 410 x 475mm Cupboard Internal dimensions (D x W x H): 390 x 375 x 300mm Complete with removable shelf, height: 160mm Drawer Internal dimensions (D x W x H): 355 x 330 x 100mm



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Euro Workdesk



- · Sloping hinged working surface
- Wood front edge strip
- · All steel construction
- · Safety orange or blue epoxy finish

Workdesk on Freestanding Frame Static white epoxy tubular steel frame H x W x D: 890 x 660 x 465mm Orange Ref: EWD-05O Blue Ref: EWD-05B

Workdesk on Mobile Frame Base

4 x 100mm swivel castors with grey non-marking tyres, 2 with brakes. White epoxy tubular steel frame with 2 white epoxy sheet steel shelves

H x W x D: 890 x 660 x 465mm

Orange Ref: EWD-06O

Blue Ref: EWD-06B

Workdesk on Cupboard Base Lockable cupboard with 2 shelves Grey cupboard with orange door H x W x D: 890 x 570 x 470mm Orange Ref: EWD-07O Blue Ref: EWD-07B

Workshop Desks

- · Level working surface
- Lockable drawer 405 x 410 x 100mm
- Cubbyhole
- · Small rear top shelf
- · Grey epoxy finish

Workdesk Wall unit (complete with wall brackets) H x W x D: 380 x 915 x 485mm Ref: WD-02

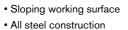
Workdesk on Static Frame Base H x W x D: 1270 x 915 x 485mm Ref: WD-03

Workdesk on Cupboard Base Full depth lockable cupboard with fixed shelf H x W x D: 1270 x 915 x 485mm Ref: WD-04





Workdesk



- · Lockable hinged lid
- · Wood front edge strip
- Grey epoxy finish

Workdesk Wall unit (complete with wall brackets) H x W x D: 205 x 940 x 571mm Ref: WD-08

Workdesk on Static Frame Base H x W x D: 1115 x 940 x 475mm Ref: WD-09

Workdesk on Cupboard Base 305mm depth locable cupboard H x W x D: 1120 x 935 x 465mm Ref: WD-10



Full width lockable drawer Lockable cupboard with 2 adjustable shelves Cupboard and drawer have separate keys All grey, or grey with blue doors and drawer H x W x D: 1270 x 915 x 485mm All grey Ref: FD-01G Grey/blue Ref: FD-01GB



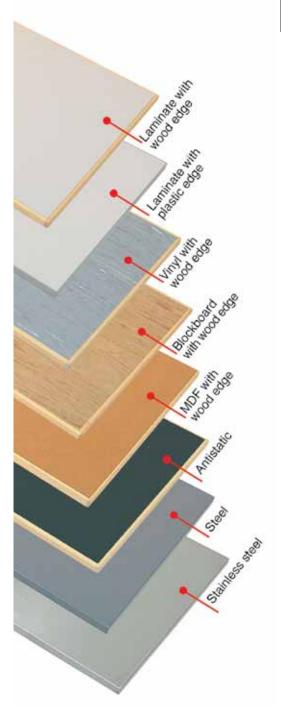


EWD-05O

EWD-06B

EWD-07O





Standard worktops

The ranges illustrated in this catalogue each come with a selection of standard worktop options.

The specifications of these standard options are detailed here:

| Material | Ref | Surface | Colour | Base | Edge | |
|--------------------|-----|-----------------|---------------|-----------------|---------------------------------|--|
| Laminate LA | | 1.3mm laminate | grey | 18mm MDF | wood | |
| | LAP | 1.3mm laminate | grey | 18mm MDF | plastic | |
| Vinyl V | | 2mm vinyl | grey 18mm MDF | | wood | |
| | VP | 2mm vinyl | grey | 18mm MDF | plastic | |
| Blockboard | В | varnished | natural | 18mm blockboard | wood | |
| MDF | М | varnished | natural | 18mm MDF | wood | |
| Steel | S | 1.5mm steel | natural | 18mm MDF | turned down with welded corners | |
| Stainless steel | SS | 1.2mm stainless | natural | 18mm MDF | turned down with welded corners | |

Non-standard worktops

For those for whom the standard specification is not suitable, the following alternative options are available:

Plastic edging

Plastic edge lipping is available in place of wood as an option on standard laminate, lino and vinyl worktops only. If you want plastic edging, you must specify it with your order, otherwise wood edging will be supplied.

Anti-static

We have a specific anti-static cantilever style series (p148), but black anti-static worktops are available for any bench in this catalogue on request. Price on application.

Thick worktops

Some customers prefer thicker worktops than our standard range. These (25mm, 36mm and 50mm) are available on our 456 heavy duty range. Although not normally sought, these thicker worktops are also available, on request, for any range in this catalogue. Prices on application.

| Size | | Ref | Laminate | Vinyl | MDF | Antistatic* | Steel | Stainless |
|------|------|------|----------|-------|-------|-------------|-------|-----------|
| L mm | D mm | | LA | ٧ | Н | AS | S | SS |
| 1200 | 600 | WT-1 | WTLA-1 | WTV-1 | WTH-1 | WTAS-1 | WTS-1 | WTSS-1 |
| | 750 | WT-2 | WTLA-2 | WTV-2 | WTH-2 | WTAS-2 | WTS-2 | WTSS-2 |
| | 900 | WT-3 | WTLA-3 | WTV-3 | WTH-3 | WTAS-3 | WTS-3 | WTSS-3 |
| 1500 | 600 | WT-4 | WTLA-4 | WTV-4 | WTH-4 | WTAS-4 | WTS-4 | WTSS-4 |
| | 750 | WT-5 | WTLA-5 | WTV-5 | WTH-5 | WTAS-5 | WTS-5 | WTSS-5 |
| | 900 | WT-6 | WTLA-6 | WTV-6 | WTH-6 | WTAS-6 | WTS-6 | WTSS-6 |
| 1800 | 600 | WT-7 | WTLA-7 | WTV-7 | WTH-7 | WTAS-7 | WTS-7 | WTSS-7 |
| | 750 | WT-8 | WTLA-8 | WTV-8 | WTH-8 | WTAS-8 | WTS-8 | WTSS-8 |
| | 900 | WT-9 | WTLA-9 | WTV-9 | WTH-9 | WTAS-9 | WTS-9 | WTSS-9 |

^{*} Antistatic is black fibreboard surface, supplied complete with earth grounding cord and press stud

