

INTESTINAL TONE + DE

“When your digestive system

works the way it should....suddenly the rest of your body functions better!”



What does it do?

- ✓ *Intestinal Tone + DE* may help with conditions like

Constipation,	Diarrhoea,
I.B.S.	Haemorrhoids,
Chrones Disease,	Diverticulitis,
Bloating,	Flatulence,
High Cholesterol	Weight Loss Support
- ✓ *Intestinal Tone + DE* has been **specifically formulated** to help restore the function and health of the **digestive tract**..
- ✓ Taken on a regular basis *Intestinal Tone* may help **regulate bowel movements and improve bowel function**. .
- ✓ *Intestinal Tone + DE* contains a unique blend of **Psyllium Husks, prebiotic (F.O.S.) and probiotic (Acidophillus & Bifidum) friendly bacteria to balance the gut flora and a unique blend of soothing herbs and Digestive Enzymes to help digestion**.

What's in it ?

- **Psyllium Husk**, is a soluble bulking fibre and a **high fibre diet is essential for correct bowel function**. This bulking effect stimulates a reflex contraction (peristalsis) of the gut wall allowing easy passage of the bowel movement. **Used regularly psyllium may help 're-train' a sluggish bowel**.
- **Lactobacillus Acidophilus, L. Plantarum, L. Rhamnosus, L.Bulgaricus and L. Bifidum Bacteria are pro-biotic bacteria**, - they are known as the **friendly bacteria** and are important for the health of the gut. Pro-biotics produce their own **natural antibiotics** that are able to kill disease causing micro-organisms. These Beneficial bacteria may also **help enhance digestion and absorption, and also boost the immune system**.
- **F.O.S. (Fructo-oligosaccharides)**, is a **pre-biotic** - they are the preferred food for Bifido and Lactobacilli bacteria, rapidly increasing the growth of these **'friendly' bacteria** in the gut. Unfriendly bacteria are unable to use F.O.S. as a food and therefore it inhibits their growth. **F.O.S. may boost the immune system and increase resistance to infection**.
- **Plus a proprietary blend of soothing herbs and digestive enzymes to improve digestion and sooth the gut**. This unique blend contains: **Betaine Hydrochloride, Ginger Root, Peppermint Leaf, Fennel Seed, Papain, Bromelain , Protease**.

What's not in it ?

- *Intestinal Tone + DE* does **NOT** contain any GM products, wheat, dairy, nuts, fish or animal products and is suitable for vegetarians and vegans. *Intestinal Tone* is **NOT** absorbed by the body.

How do I take it ?

- **Each day** you should take 2 teaspoons, twice a day. It is **very important** to thoroughly mix *Intestinal Tone + DE* with a **large glass (at least 300ml) of water** or your preferred fruit juice. Mixing is best done by stirring vigorously with a spoon or shaking in a sealed drink mixer
- **Drink immediately**. Follow with **another** glass of water or fruit juice.
- You can also **sprinkle** it on breakfast cereal, mix with yoghurt, etc, - whatever you feel comfortable with. **Please ensure you drink a large glass of water with each serving**
- **Once a normal bowel habit has been reached, you can reduce the dose to once a day or every other day**.
- Once opened, **keep refrigerated**
- Each pot contains 180g and will last 3 - 6 weeks depending upon usage

Why should I take it ?

- Confidence that the product has been a **best seller for many years with many excellent testimonials** and we offer a **100% Money Back Guarantee** if not entirely satisfied!

Re-order today on www.TotalWellbeingGroup.co.uk or 0845 652 8118

The Total Wellbeing Group, PO Box 2 Cheltenham, GL54 5YR