



August 2017 Training & Improvement

Managing Safely

Our commitment to ongoing training and improvement has been demonstrated recently with nine of our engineers attending the IOSH Managing Safely course at South Gloucestershire College in Stroud.

The Managing Safely course is designed to give managers and supervisors the confidence to advise and give practical solutions when dealing with health and safety issues within their teams.

This course covers the following:

- introduction to managing safely
- assessing risks
- controlling risks
- understanding your responsibilities
- identifying hazards
- investigating accidents and incidents
- measuring performance
- protecting our environment



We also have a range of other training in place to ensure that our employees are fully qualified to deal with health and safety in the workplace:

Level 2 Emergency First Aid at Work

Four engineers are to attend Level 2 *Emergency First Aid at Work* training. The course focuses on how to prevent emergency first-aid situations becoming worse, equipping learners with the basic lifesaving skills needed to deal with emergencies until professional help arrives.

Manual Handling

The *Manual Handling* course will provide our employees with a detailed understanding of the principles of safe and appropriate manual handling techniques and includes the following:

- correct lifting techniques
- the effects of poor practices on different parts of the body
- why and how injuries occur
- the functioning of the spine



Fire Safety Training

A number of employees will also be undertaking a *Fire Safety Training* course to learn how to reduce fire risks, deal with fires if appropriate and escape safely in the event of a fire.

The course covers the following:

- the common causes of fire
- the behaviour of fire
- fire prevention
- what to do if a fire breaks out
- how to use fire extinguishers
- emergency evacuation procedures



NEBOSH National General Certificate

Two of our engineers are currently working towards achieving the *NEBOSH National General Certificate in Occupational Health and Safety* and a further two engineers are scheduled to start this training in the near future.

The *National General Certificate* is the most widely held health and safety qualification in the UK with over 175,000 people having gained the award since it was launched in 1989. The course provides a valuable overview and is a sound basis for further professional study.



NEBOSH
National
General
Certificate

Machine Covers Limited would like to thank both Martin Keyworth of South Gloucestershire College and Dave Middlemiss of PPD Safety Training & Consultancy Ltd for their excellent work.



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