

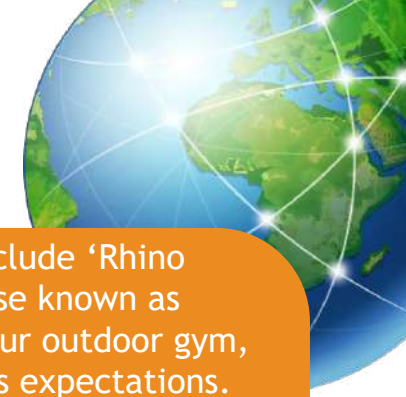
# Proludic<sup>®</sup> Sport

URBANIX

THE REAL OUTDOOR GYM



# MEET THE PROLUDIC SPORT FAMILY



Proludic Sport is made up of a number of ranges specialising in outdoor sports and fitness equipment. These include 'Rhino Ramps' skate parks, Multi Use Sports Areas (MUSAs), 'Vitality' outdoor fitness stations, 'Street Fitness' otherwise known as calisthenics, 'Dynamic' fitness structures, 'Urbanix' outdoor gyms, Trim Trails and a range of outdoor games. Our outdoor gym, activity and fitness equipment are designed to the highest specifications to ensure the user experience exceeds expectations.



'RHINO RAMPS'  
SKATE PARKS



'MUSAs'



'VITALITY'  
FITNESS STATIONS



'STREET FITNESS'  
CALISTHENICS



'DYNAMIC'  
STRUCTURES



OUTDOOR GYM



'TRIM TRAILS'



OUTDOOR GAMES



<<ACTIVITY>>

DEVELOP PHYSICAL ABILITY

JOY OF SPORT

FUN

<<ACTIVE COMMUNITIES>>

ENHANCE SPORTING ABILITIES

EXERCISE

<<HEALTHY COMMUNITIES>>

TEAM SPORTS

COMMUNITY HUB

PLAY

<<DYNAMIC>>

PARTICIPATE

EXHILARATION

<<REAL GYM EXPERIENCE>>

EXCITING

# FITNESS AND ACTIVITY FOR EVERYONE

Activity4All is Proludic's commitment to provide integrated play, fitness & sports opportunities that encourage people of all ages to be more active. We strive to make a difference by providing engaging and sustainable solutions that have the potential to empower the whole community to lead healthier lifestyles and further support the nation's wellbeing.

Since 2016 Proludic have installed over 200 outdoor gyms, calisthenic and trim trail projects throughout the UK, providing over 1 million people with free sports and gym equipment within a mile of their home.



Dunning Outdoor Gym, Scotland

# INTRODUCING PROLUDIC URBANIX

The Proludic Urbanix range is the **latest innovation** in outdoor fitness and gym equipment. Like real gym equipment the Proludic Urbanix range consists of hydraulic, static and cardio stations that allow users to exercise all core muscle groups.

Built around a **unique hydraulic system**, the patented piston allows users to progress their workouts by varying the resistance to suit all abilities. The piston is bidirectional which means opposing muscle groups are exercised when the equipment is both pushed and pulled, giving the user two workouts on one piece of equipment!

The majority of Urbanix equipment has **eight levels of resistance** giving users a controlled workout like the types of exercises that can be undertaken on indoor gym facilities.

Suitable for users aged 14 years and over, Proludic Urbanix is also inclusive making it a great solution for all users and their differing abilities. Additionally, it is suitable for all environments and climates and certified to the current standard for **Outdoor gym equipment EN16630**. The Proludic Urbanix range utilises the latest technologies to ensure optimum safety and maximum satisfaction for the end-users

## ACTIVATE THE POWER OF THREE IN YOUR COMMUNITY



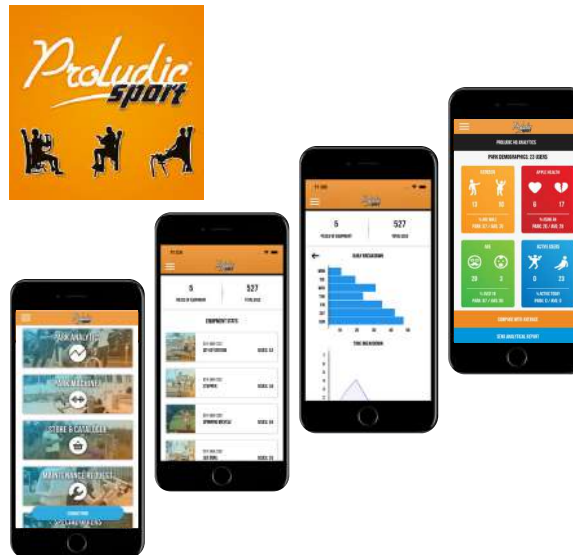
### UNIQUE PISTON TECHNOLOGY

- ▶ Eight levels of resistance
- ▶ A great solution for all users and their differing abilities



### USER SPORTS APP

- ▶ A digital workout partner in the form of an app to support the USERS throughout their workout experience
- ▶ Available in iOS and Android



### RECHARGE RANGE

- ▶ Ability to charge any USB device from your own energy
- ▶ Adjustable magnetic resistance



# USER CONTROLLED HYDRAULIC PISTON

## UNRIVALLED

Our piston is unique in that traditional outdoor gym companies normally rely on body weight only. This means the fitter you get the less useful the product becomes, because there is no progression and no challenge.



## ADJUSTABLE RESISTANCE

The patented piston used on Proludic Urbanix provides eight levels of resistance (from 5-60kg). Therefore anyone can use the equipment regardless of your fitness ability, gender, size, weight or age (14+). This feature allows the user to set the resistance level according to their exercise objectives and develop a progressive workout.



## BIDIRECTIONAL

Urbanix is bidirectional, unlike other outdoor gym equipment. This function provides a full range of motion and uses different muscle groups. One muscle group is used when the equipment is pushed and the other is used when it is pulled. This effectively offers two different exercises per item of equipment.

## GUARANTEED PERFORMANCE

Guaranteed for over 2,000,000 repetitions with three protection mechanisms, our patented piston offers superior durability and functionality for years to come.

### What does 2 million repetitions mean?

This is the equivalent of roughly three years use at an average of 4 seconds per repetition and 2 hours of continuous use on a daily basis.

SCAN TO FIND OUT MORE



# FEATURES & BENEFITS

## COLOUR

The neutral colour - intended so the equipment does not appeal to children. Durable and resistant finish for all environments.



## SEATING SYSTEM

Polysafe soft seats made from PU foam ensure comfort and support to the user as well as durability and use all year around.



## VARIABLE RESISTANCE

Eight levels of resistance ranging from 5kg-60kg allows progression to all ability levels.



## FIXINGS

Unique stainless screws and chromatic pins - ensuring longevity of the components.



## SIGNAGE

Clear concise signage - informs users how to use the equipment safely. QR Code technology link to video demonstrations



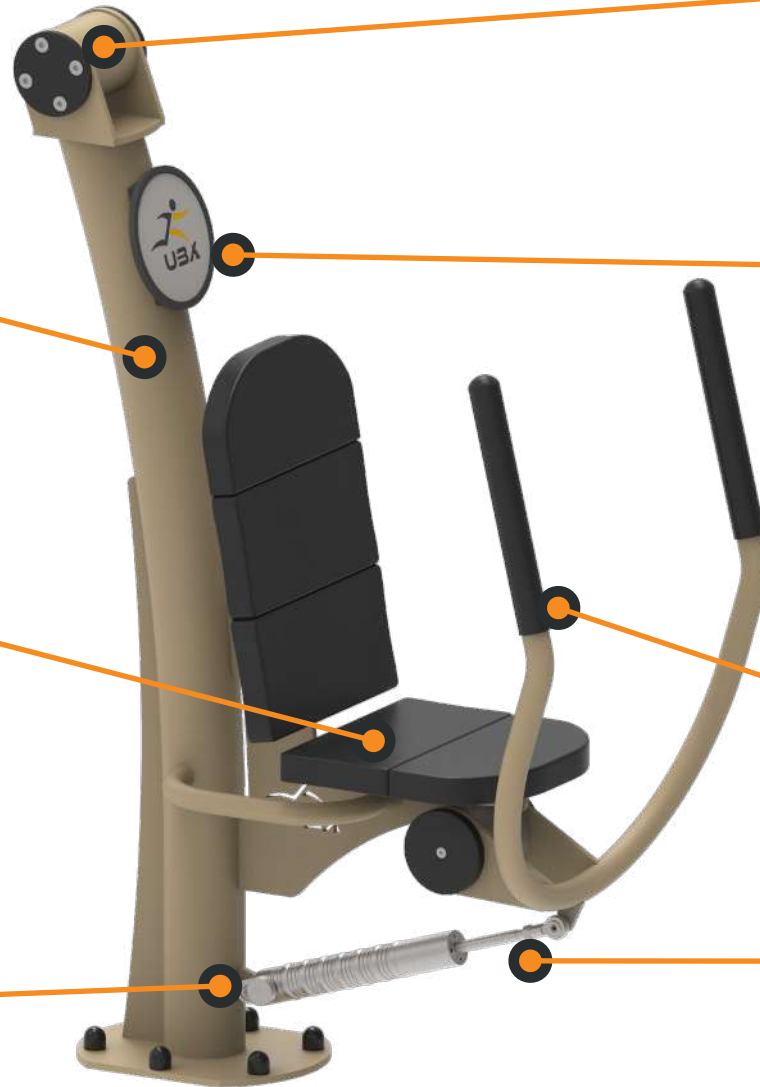
## LONG HANDLES

Long handles - suit all ages and abilities. The grips are provided for added comfort and safety.



## MAXIMUM SAFETY

The SafeStop mechanism prevents sudden drops and falls. SafeShock suspension ensures a smooth motion allowing for clean repetitions.



# MARKET LEADING MOBILE APPS



## PROLUDIC SPORT APP

The Proludic Sport app is a digital workout partner to support the USERS throughout their workout experience.

### ALLOWS USERS TO:

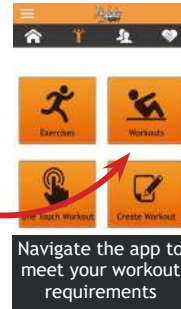
- Find the nearest gym in their area.
- Learn about the fitness equipment through demonstration videos.
- Create personal workouts tailored to their needs i.e. time, muscle group and fitness goals.
- Track their workouts.
- Connect with their community and interact with friends.
- Earn achievements and challenge others.



Download the Proludic Sports App



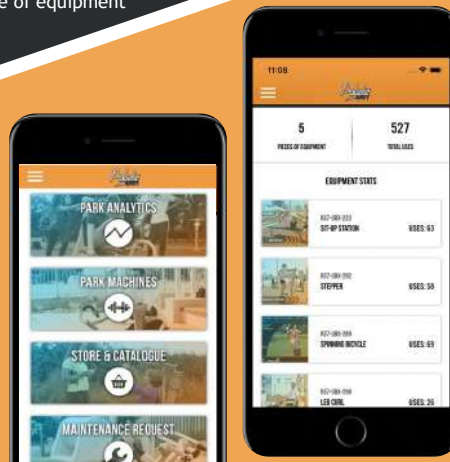
Sign in and create an account



Navigate the app to meet your workout requirements



Scan the QR code on any piece of equipment to be linked to a video demonstrating the safe use of equipment



Download on the App Store  
GET IT ON Google Play



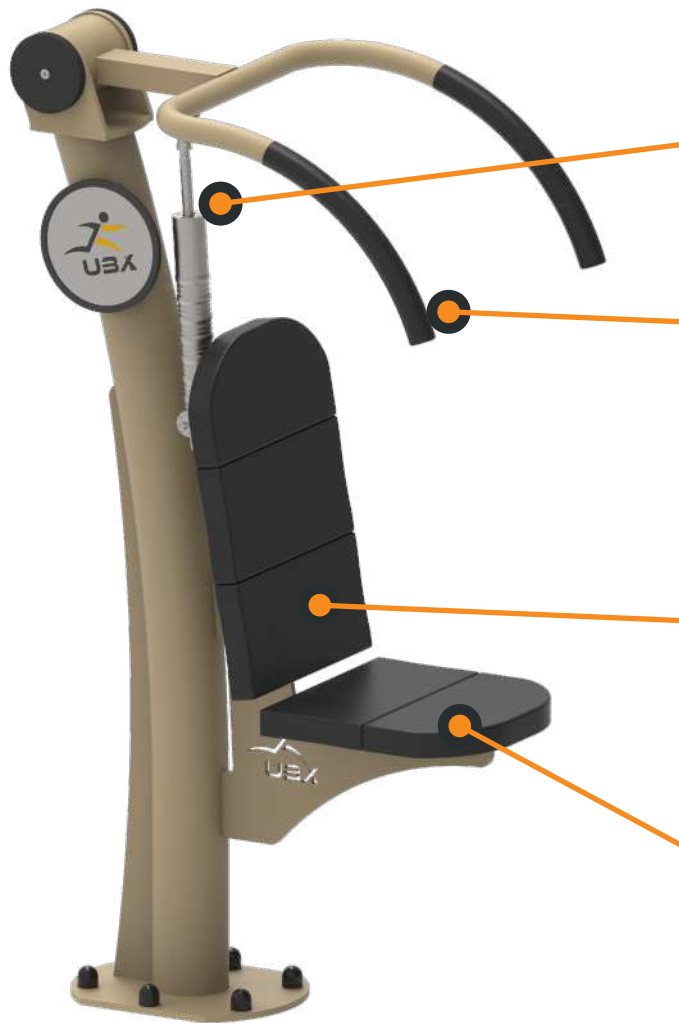
## PROLUDIC SPORT PRO APP

The Proludic Sports PRO app provides aggregated usage data on the performance of the fitness area for PROVIDERS.

### ALLOWS ORGANISATIONS AND LOCAL AUTHORITIES TO:

- Download user and site specific equipment analytics at a glance to evidence and support investment.
- View gym statistics, including the number of users per machine.
- Examine aggregated statistics to keep track of multiple sites. Benchmark your location against national performances.
- See important demographics and usage - day, time, age, gender, activity, apple health and dwell time.
- Instantly send after sales and maintenance requests by simply uploading a photo and submitting.

# ACCESSIBILITY



The adjustable hydraulic pistons allow for exercises to be tailored to the users ability to ensure development at their own pace.



The long handles provide full support and safety throughout the movement. The extra length allows users to find a comfortable position for gripping.



The comfortable seat allows users to find a good position for effective, efficient movement.



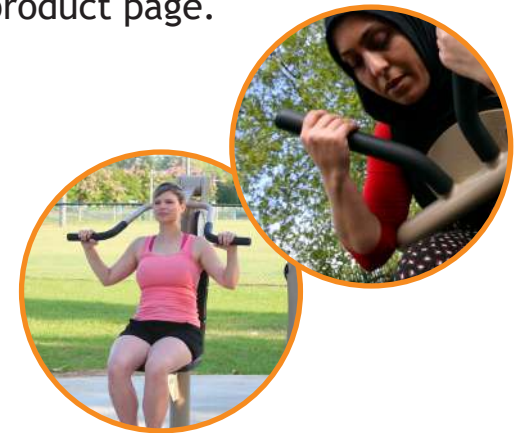
The seat is at wheelchair height with open space around it providing an easy transfer.



The ergonomic design of the range has been manufactured to offer users with a wide range of disabilities (motor, cognitive and sensory) easy accessibility.



Lookout for the symbol on the product page.



“Fitness is just as important for people with disabilities, if not more important. But access to equipment and facilities is much more limited”

- Jennifer French  
US Sailing Paralympian



# MEET THE NEW ENERGISING ADDITIONS TO OUR RANGE

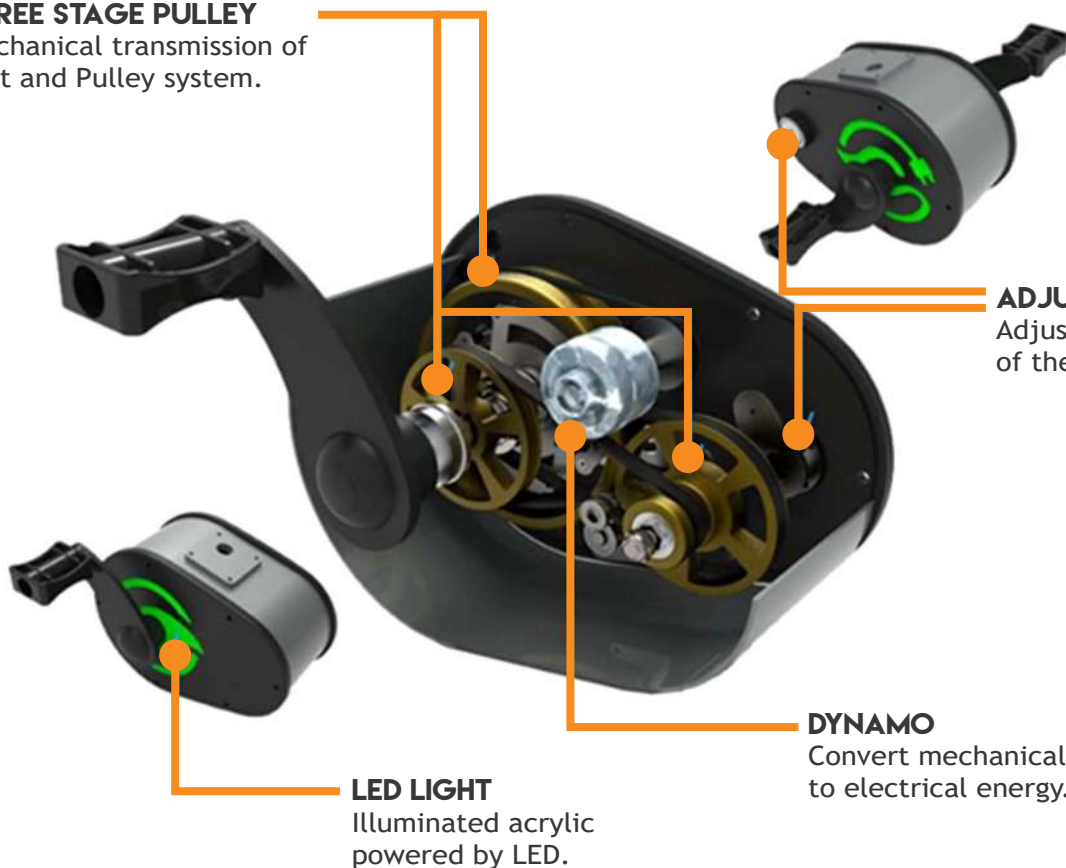
The new Recharge range not only offers fitness benefits, but also the ability to charge any USB device from your own energy. As you progress through your workout you will be creating electrical energy to support your smart devices on the move.



## URBANIX RECHARGE SYSTEM

### THREE STAGE PULLEY

Mechanical transmission of Belt and Pulley system.



### MAGNETIC RESISTANCE



**ADJUSTMENT KNOB**  
Adjust the resistance of the wheel.

### CHARGE YOUR PHONE



**DYNAMO**  
Convert mechanical energy to electrical energy.

**LED LIGHT**  
Illuminated acrylic powered by LED.

**UBX287R**  
Hand Cycle Recharging



**UBX289R**  
The Spinning Bicycle Recharging



**UBX203R**  
Elliptical Trainer Recharging



CARDIO  
WORKOUT



**UBX287**  
Hand Cycle



**UBX287R**  
Hand Cycle  
Recharging



NEW



**UBX289**  
The Spinning  
Bicycle



**UBX289**  
The Spinning  
Bicycle  
Recharging



NEW



**UBX203**  
Elliptical Trainer



**UBX203R**  
Elliptical Trainer  
Recharging



NEW



**UBX292**  
The Stepper



**UBX091**  
Rower



UPPER BODY  
WORKOUT



**UBX244**  
Triceps Press



**UBX246**  
The Chest  
Press



**UBX247**  
The Shoulder  
Press



**UBX248**  
The High  
Pulley



**UBX255**  
Arm Combo



CORE  
WORKOUT



**UBX223**  
Abs Bench



**UBX224**  
Chin Up &  
Dip



**UBX232**  
Pendulum  
Twister



LOWER BODY  
WORKOUT



**UBX215**  
The Leg Press



**UBX217**  
Squat



**RECHARGE RANGE**  
The Proludic Urbanix recharge range allows users to charge smart mobile devices via a USB port during a workout.

**ACCESSIBILITY**  
The ergonomic design of the range has been manufactured to offer users with a wide range of disabilities (physical, emotional, or neurological) easy accessibility.

**ADJUSTABLE RESISTANCE**  
Adjustable hydraulic pistons allow for exercises to be tailored to the user's ability.



## UBX287 Hand Cycle

## UBX287R Hand Cycle (Phone Recharge Model)

## UBX289 The Spinning Cycle

## UBX289R The Spinning Cycle (Phone Recharge Model)



### WORKOUT

- ▶ Focuses on the muscles in the arms, shoulders, chest and back
- ▶ Calorie burning
- ▶ Boosts fat loss
- ▶ Improves cardiovascular performance

**USERS** - 1

**BIDIRECTIONAL** - No

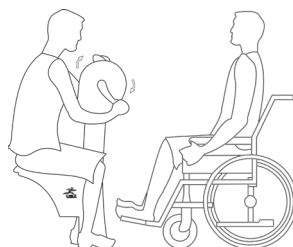
**ADJUSTABLE RESISTANCE** - No

### RECHARGE FEATURES

- ▶ CE certified power supply (allows users to safely charge mobile phone whilst exercising)
- ▶ Low voltage to protect battery
- ▶ USB Port for charging
- ▶ Weather proof sealed enclosure
- ▶ Bright LED lighting
- ▶ Power generator and variable magnetic proximity flywheel resistance

**ADJUSTABLE RESISTANCE** - Magnetic

SCAN QR CODE FOR VIDEO



### WORKOUT

- ▶ Focuses on the major muscles in the lower body
- ▶ Calorie burning
- ▶ Boosts fat loss
- ▶ Improves cardiovascular performance

**USERS** - 1

**BIDIRECTIONAL** - No

**ADJUSTABLE RESISTANCE** - No

SCAN QR CODE FOR VIDEO

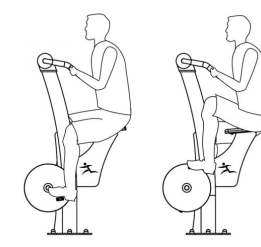


### RECHARGE FEATURES

- ▶ CE certified power supply (allows users to safely charge mobile phone whilst exercising)
- ▶ Low voltage to protect battery
- ▶ USB Port for charging
- ▶ Weather proof sealed enclosure
- ▶ Bright LED lighting
- ▶ Power generator and variable magnetic proximity flywheel resistance

**ADJUSTABLE RESISTANCE** - Magnetic

SCAN QR CODE FOR VIDEO



## UBX203 Elliptical Trainer

## UBX203R Elliptical Trainer (Phone Recharge Model)

## UBX292 The Stepper

## UBX091 Rower



### WORKOUT

- ▶ Focuses on the muscles in the arms, shoulders, chest and back
- ▶ Calorie burning
- ▶ Boosts fat loss
- ▶ Improves cardiovascular performance

**USERS** - 1

**BIDIRECTIONAL** - No

**ADJUSTABLE RESISTANCE** - No

**SCAN QR CODE FOR VIDEO**



### RECHARGE FEATURES

- ▶ CE certified power supply (allows users to safely charge mobile phone whilst exercising)
- ▶ Low voltage to protect battery
- ▶ USB Port for charging
- ▶ Weather proof sealed enclosure
- ▶ Bright LED lighting
- ▶ Power generator and variable magnetic proximity flywheel resistance

**ADJUSTABLE RESISTANCE** - Magnetic

**SCAN QR CODE FOR VIDEO**



### WORKOUT

- ▶ Focuses on the major muscles in the lower body
- ▶ Calorie burning
- ▶ Boosts fat loss
- ▶ Improves cardiovascular performance

**USERS** - 1

**BIDIRECTIONAL** - Yes

**ADJUSTABLE RESISTANCE** - 5-40kg

**SCAN QR CODE FOR VIDEO**



### WORKOUT

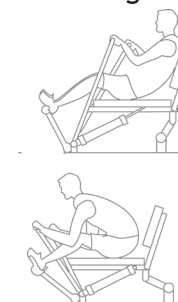
- ▶ Designed to specifically target the arm and leg muscles
- ▶ Calorie burning
- ▶ Boosts fat loss
- ▶ Improves cardiovascular performance

**USERS** - 1

**BIDIRECTIONAL** - Yes

**ADJUSTABLE RESISTANCE** - 5-35kg

**SCAN QR CODE FOR VIDEO**



## UBX244 Triceps Press



### WORKOUT

- ▶ Ideal for muscle development and definition in the biceps and triceps
- ▶ The triceps press is a great exercise for building and strengthening the triceps
- ▶ Works the secondary muscle groups such as chest and shoulders
- ▶ Back and coccyx support provided by the fixed padded seat while exercising

**USERS** - 1

**BIDIRECTIONAL** - Yes

**ADJUSTABLE RESISTANCE** - 5-35kg

**SCAN QR CODE FOR VIDEO**



## UBX246 Chest Press



### WORKOUT

- ▶ Targets and defines the chest muscles
- ▶ The chest press is a classic upper body strengthening exercise that works your pectorals (chest), deltoids (shoulders), and triceps (arms)
- ▶ The chest press is one of the best exercises for building upper body strength.

**USERS** - 1

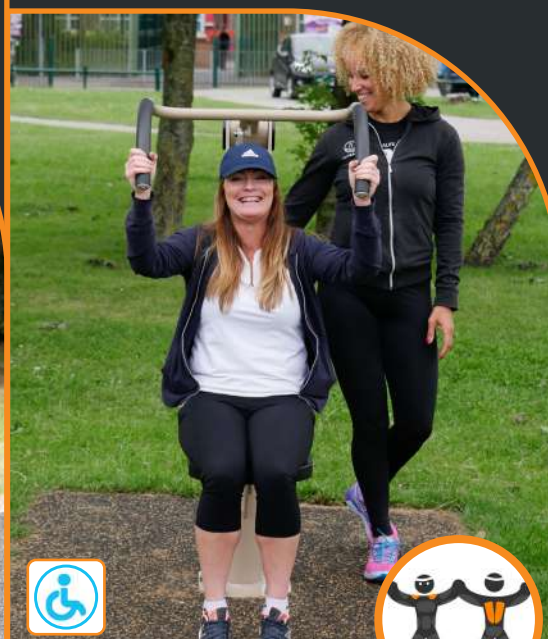
**BIDIRECTIONAL** - Yes

**ADJUSTABLE RESISTANCE** - 5-20kg

**SCAN QR CODE FOR VIDEO**



## UBX247 The Shoulder Press



### WORKOUT

- ▶ Focuses on the major muscles in the upper body
- ▶ While the shoulder press focuses primarily on two portions of the deltoids, or shoulders, it also works a plethora of other muscles
- ▶ This exercise will also help stabilise muscles and movements that use your shoulders.

**USERS** - 1

**BIDIRECTIONAL** - Yes

**ADJUSTABLE RESISTANCE** - 10-35KG

**SCAN QR CODE FOR VIDEO**



## UBX248 The High Pulley



### WORKOUT

- ▶ Targets and defines the chest and back muscles
- ▶ This exercise will also exercise your biceps and triceps
- ▶ Back and coccyx support provided by the fixed padded seat while exercising

**USERS** - 1

**BIDIRECTIONAL** - Yes

**ADJUSTABLE RESISTANCE** - 10-45KG

**SCAN QR CODE FOR VIDEO**



## UBX255 Arm Curl



### WORKOUT

- ▶ Specifically targets and defines the upper and lower arm muscles
- ▶ This exercise will also develop muscles and increase strength in the upper body
- ▶ Padded chest and arm rests means you workout comfortably

**USERS** - 1

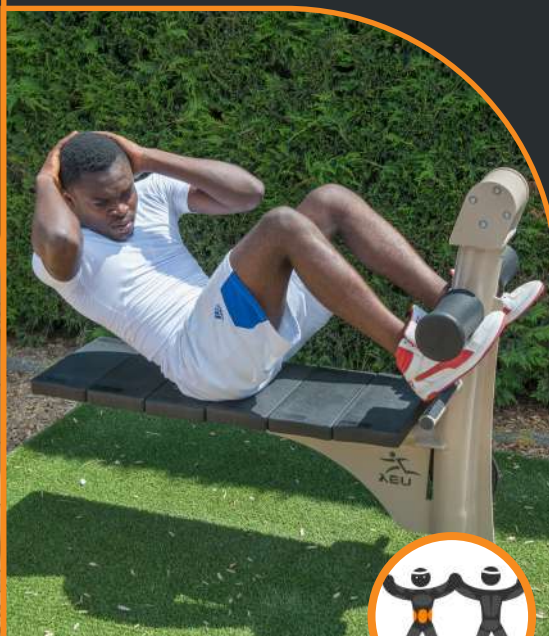
**BIDIRECTIONAL** - Yes

**ADJUSTABLE RESISTANCE** - 10-60kg

**SCAN QR CODE FOR VIDEO**



## UBX223 Abs Bench



### WORKOUT

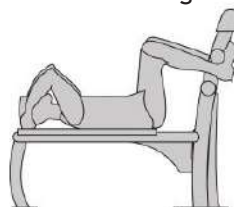
- ▶ Provides a safe platform for sit-ups focusing on developing the abdominal muscles
- ▶ The bench can also be used for leg raises that will also work the abdominal area
- ▶ The bench provides excellent support for the back, while feet or hands can be hooked around the end post supports

**USERS** - 1

**BIDIRECTIONAL** - Yes

**ADJUSTABLE RESISTANCE** - 10-60kg

**SCAN QR CODE FOR VIDEO**



## UBX224 Chin Up & Dip



### WORKOUT

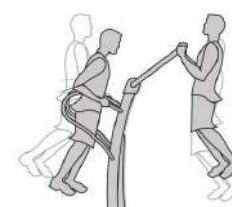
- ▶ Multi-activity unit
- ▶ Focuses on developing the upper body muscles - particularly the back, triceps and biceps
- ▶ Can be used in a variety of ways dependent on the user i.e. pull ups and dips

**USERS** - 2

**BIDIRECTIONAL** - No

**ADJUSTABLE RESISTANCE** - N/A

**SCAN QR CODE FOR VIDEO**



## UBX232 Pendulum & Hip Twister



### WORKOUT

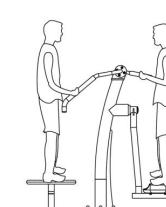
- ▶ Multi-activity unit allows two users to work out at once
- ▶ One activity requires the user to swing like a pendulum while working the leg muscles
- ▶ The other activity requires the user to twist in a gentle motion working the leg muscles and lower back area

**USERS** - 2

**BIDIRECTIONAL** - Yes

**ADJUSTABLE RESISTANCE** - 10-60kg

**SCAN QR CODE FOR VIDEO**



## UBX215 Leg Press



### WORKOUT

- ▶ Works all the leg muscle groups for strength and definition
- ▶ The primary target of this exercise will be the quadriceps
- ▶ In addition to your quads, hamstrings, and glutes, the leg press machine is also great for your calves

**USERS** - 1

**BIDIRECTIONAL** - Yes

**ADJUSTABLE RESISTANCE** - 10-50KG

SCAN QR CODE FOR VIDEO



## UBX217 Hydraulic Squat



### WORKOUT

- ▶ The Hydraulic Squat Machine brings you a targeted workout for your legs, glutes and thigh muscles
- ▶ Its hydraulic system allows you to get on the machine and just go
- ▶ An easy to use very accessible machine

**USERS** - 1

**BIDIRECTIONAL** - Yes

**ADJUSTABLE RESISTANCE** - 10-50KG

SCAN QR CODE FOR VIDEO



**EIGHT  
ADJUSTABLE  
SETTINGS UP TO  
60KG - HIGHEST  
IN THE UK**

# PACKAGES DESIGNED FOR A WELL-BALANCED WORKOUT FOR YOUR COMMUNITY NEEDS

## SMALL URBANIX PACKAGE - FROM £8,680\*



Spinning Bicycle  
R37-UBX-289



Abs Bench  
R37-UBX-223



Chin Up & Dip  
R37-UBX-224



Hydraulic Chest Press  
R37-UBX-246



Hydraulic High Pulley  
R37-UBX-248

## MEDIUM URBANIX PACKAGE - FROM £14,860\*



Spinning Bicycle  
R37-UBX-289



Elliptical Trainer  
R37-UBX-203



Abs Bench  
R37-UBX-223



Chin Up & Dip  
R37-UBX-224



Hydraulic Chest Press  
R37-UBX-246



Hydraulic High Pulley  
R37-UBX-248



Hydraulic Arm Curl  
R37-UBX-255



Hydraulic Squat  
R37-UBX-217

## LARGE URBANIX PACKAGE - FROM £21,730\*



Spinning Bicycle  
R37-UBX-289



Elliptical Trainer  
R37-UBX-203



Hydraulic Stepper  
R37-UBX-292



Abs Bench  
R37-UBX-223



Chin Up & Dip  
R37-UBX-224



Pendulum & Twister  
R37-UBX-232



Hydraulic Chest Press  
R37-UBX-246



Hydraulic High Pulley  
R37-UBX-248



Hydraulic Arm Curl  
R37-UBX-255



Hydraulic Squat  
R37-UBX-217



Hydraulic Leg Press  
R37-UBX-215

CARDIO

CORE

UPPER BODY

LOWER BODY

\*All Urbanix package prices are SUPPLY ONLY and do not include delivery, site preliminaries, installation, grass mat surfacing, signage and post-installation inspection.

Prices are correct at the time of printing. Proludic reserve the right to alter these at any time.



# SMALL URBANIX PACKAGE - FROM £8,680\*



Spinning  
Bicycle  
R37-UBX-289



Abs  
Bench  
R37-UBX-223



Chin Up  
& Dip  
R37-UBX-224



Hydraulic Chest  
Press  
R37-UBX-246



Hydraulic High  
Pulley  
R37-UBX-248

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Hydraulic High Pulley  
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Hydraulic Arm Curl  
R37-UBX-255



Hydraulic Squat  
R37-UBX-217



Hydraulic Leg Press  
R37-UBX-215

# CASE STUDY: CLARKES WAY, HOUGHTON REGIS



## OUTDOOR GYM CENTRAL TO NEW COMMUNITY SPACE

Next to an existing Proludic Play Area was an unused tarmac area with two old basketball hoops. The Town Council felt this space should offer activity and play opportunities for the whole community following on from a period when the site had seen spates of vandalised and ensuing anti-social behaviour. The feeling was that if the site could be much improved and offered equipment across a wider range of users then it could become a valued focal point and much-used community space.

## THE PROJECT:

Proludic collaborated with Houghton Regis Town Council to realise their vision to create a space that could be accessed by all ages with a variety of activities, but with an outdoor gym central to the design for those aged 14 years and above. Proludic was chosen to undertake the work primarily because the Urbanix outdoor gym equipment offers an exceptional design with features like resistance settings to change the difficulty of the workout and a state-of-the-art app for users to better enjoy the experience.



# OUTDOOR GYM CENTRAL TO NEW COMMUNITY SPACE



## THE SOLUTION:

The design split the squared shaped area in quarters. Eight pieces of Urbanix hydraulic and static equipment was installed in the first quarter to offer a balanced workout. Inclusive items were included in the design to ensure everyone in the community could participate also. Next to this quadrant a warm-up and down area for users was also incorporated along with two bespoke Origin Trim Trail for children to race against each other.



## TESTIMONIAL:

“What attracted us to the Urbanix outdoor gym range was the combination of the piston that provides eight levels of activity resistance, along with the user sports app that when downloaded recommends workouts for our residents to undertake.”

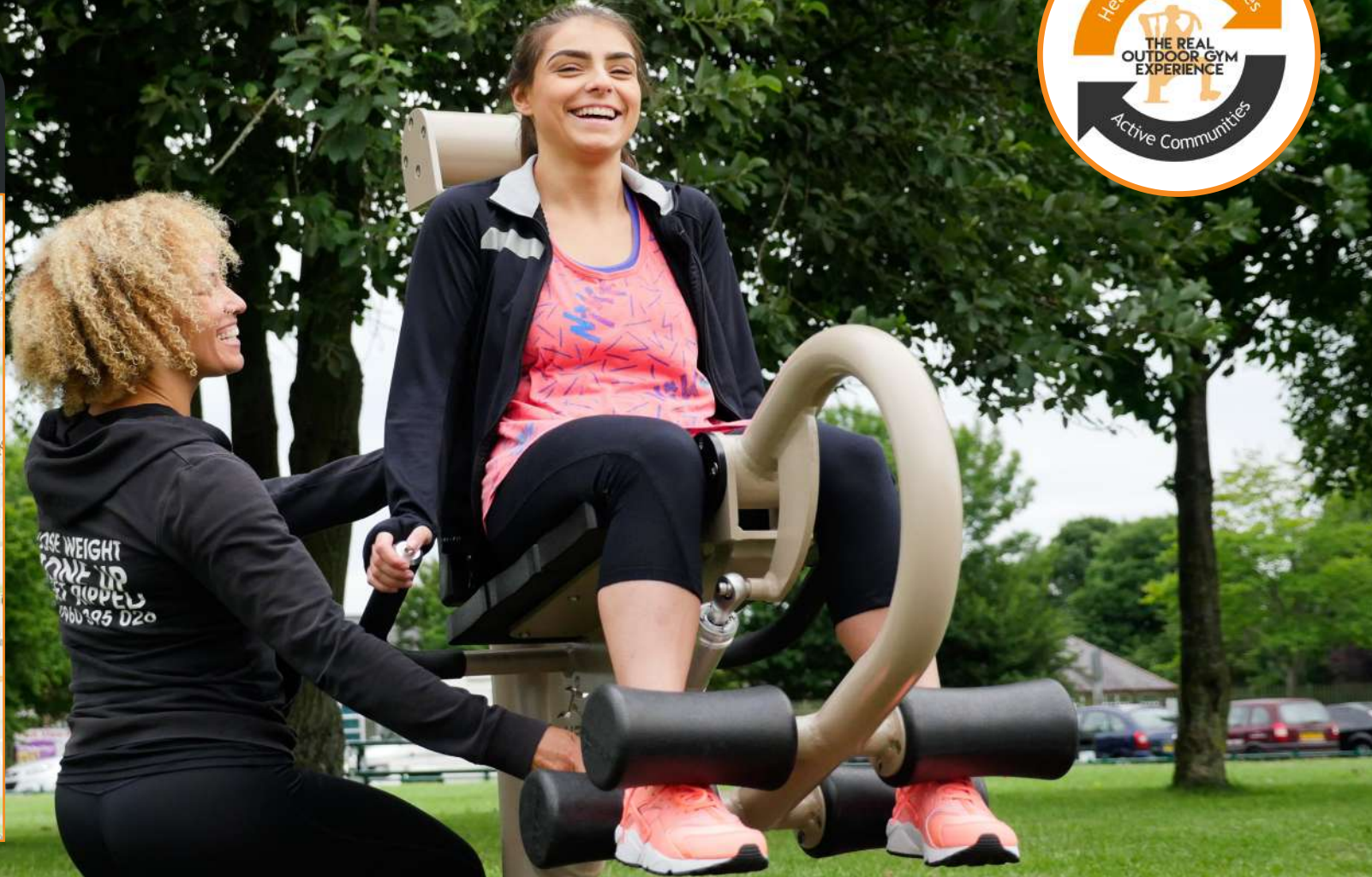
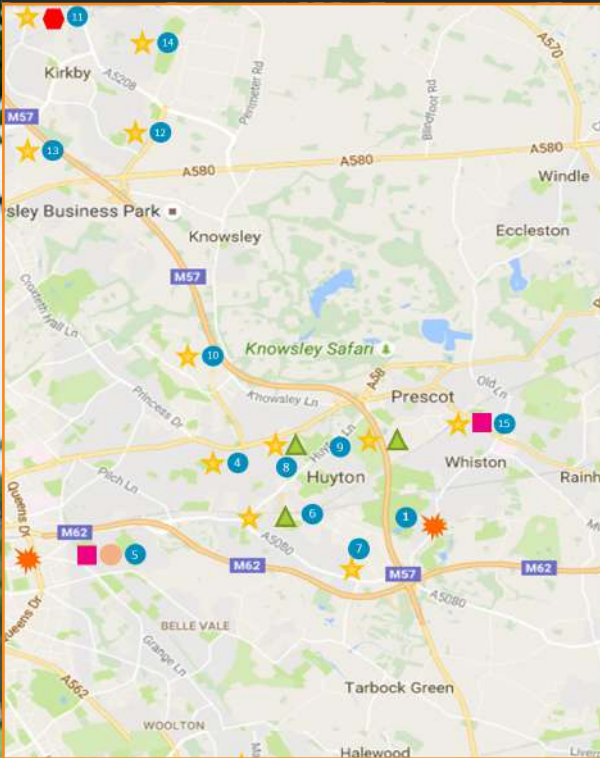
- Tony Luff,  
Head of Ground Operations, Houghton  
Regis Town Council

# CASE STUDY: KNOWSLEY, MERSEYSIDE (15 FITNESS SITES)



## PROLUDIC SPORT RANGES

- ★ URBANIX
- ORIGN
- 🌟 TIMBER TRIM TRAIL
- VITALITY
- SOCIAL FITNESS ZONES
- ▲ METAL TRIM TRAIL



### CREATING A CENTRE OF EXCELLENCE

Statistics showed that Knowsley residents were identified as exercising less than the national average. Additionally, the average life expectancy in Knowsley was 57 years while 23% of Knowsley's deaths were the result of cardiovascular disease which is caused by high inactivity levels and poor health.

### THE PROJECT:

Knowsley Borough Council wanted to deliver 15 diverse outdoor fitness sites under their Green Gym Initiative. The local authority teamed up with the local public health team and sought to address this by utilising the borough's parks and open spaces.

SCAN QR CODE FOR VIDEO



# CREATING A CENTRE OF EXCELLENCE



## THE SOLUTION:

Knowsley Council strategically chose 15 sites across the borough, 14 of which were in some of the most deprived areas; that would allow all residents to benefit from free, accessible and quality fitness facilities.

The council wanted each site to be bespoke and unique to the varied environments. Great care and attention were given to the choice of equipment to ensure an aesthetically pleasing fit. 5 different product ranges within the Proludic Sport portfolio were used. Proludic Urbanix was installed in 10 of the projects. The installation of Proludic's outdoor fitness equipment helped Knowsley to deliver the 'Centre for Excellence' for outdoor provision in the North West.

## TESTIMONIAL:

"Part of the reason we chose Proludic as our partner was the diverse range of equipment that they could offer. They have delivered a brilliant project that will help benefit the community for years to come."

- Caroline Davies,  
Public Open Spaces Manager, Knowsley  
Metropolitan Borough Council

# CASE STUDY: AVENUE PARK, HOUNSLOW



**ENCOURAGING COMMUNITY ACTIVITY THROUGH PARK TRANSFORMATION**  
The health of Hounslow residents is varied, with life expectancy currently 5.8 years lower for men in the most deprived areas of Hounslow than those in the least deprived areas. The main causes of early death in Hounslow are cancer, heart disease and stroke.

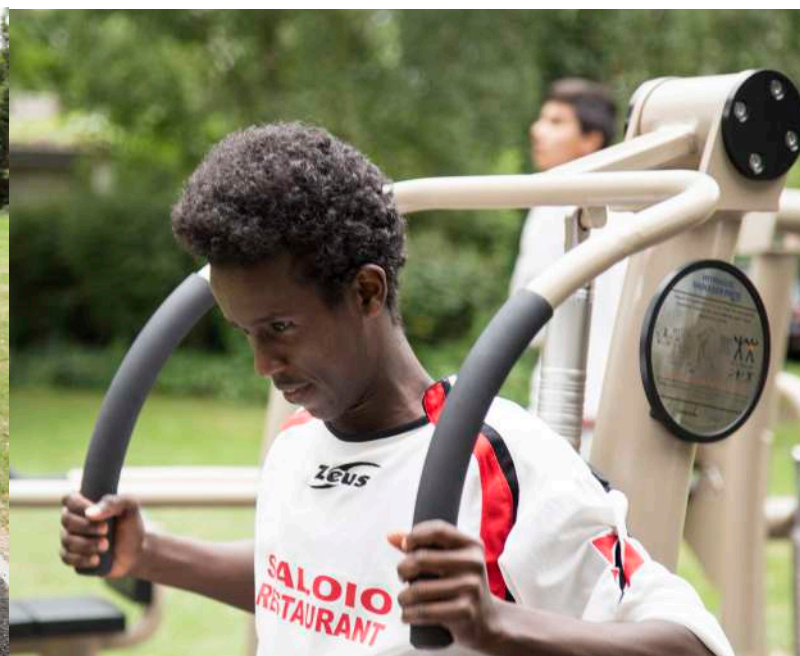
**THE PROJECT:**  
The Council were looking to provide affordable sport and physical activity facilities in the park to encourage the local community of all ages to become more active and improve fitness levels.



# ENCOURAGING COMMUNITY ACTIVITY THROUGH PARK TRANSFORMATION



London Borough  
of Hounslow



## THE SOLUTION:

The council wanted equipment that would appeal to as many users as possible through a variety of activities. Proludic worked with the Council to install a 10 station outdoor gym, multi use games area (MUGA) and parkour circuit.

The park has proved to be popular with a host of users. The council, in association with Brentford Football Club Community Sports Trust have since arranged free activity sessions twice a week on both the Proludic Urbanix equipment and the parkour facilities showcasing how to get the best from this type of equipment.



## TESTIMONIAL:

“We’re pleased to have transformed Avenue Park to provide top-notch sports and exercise facilities plus a range of exciting new activities.”

- Councillor Ed Mayne,  
Cabinet Member of Public Health &  
Leisure, Hounslow council

# WARRANTY, COMPLIANCE, ENVIRONMENT & STANDARDS

The warranties provided below are more than just words on paper, they represent a personal commitment that you will be satisfied with your purchase.



For all Proludic Urbanix fitness equipment parts including bearings, hydraulic system, seats and handles against structural failure due to manufacturing defects.



For Proludic Urbanix product line structural integrity, main posts, steel tubes and welding procedure against structural failure due to manufacturing



For Proludic Urbanix products stainless hardware and aluminium components against structural corrosion.



European (04/2015)

**Outdoor Fitness Standard (EN 16630)**

Our products have been tested by TUV RHEINLAND and meet EN16630 standard for Outdoor Fitness.



**ISO 9001:2008**

All contractors and associates manufacturing these product lines are certified and meet the ISO 9001: 2008 standard for management.



**SGS and EN71**

Colours and materials integrated into the product lines have undergone testing and are certified according to EN71/SGS standards by Dupont and BASF.



**Patented Design**

The Urbanix range carries 7 design patents under SIPO, supporting our distributors around the world.

# FREQUENTLY ASKED QUESTIONS

## How can I download the Apps?

The 'Proludic Sport' app is free to download and available from the Google Play Store for Android users or the App Store for Apple iOS devices. The 'Proludic Sport PRO' app is also free to download and is available on iOS devices from the App Store. Both apps are regularly updated to include the latest software.

## Are there any colour options?

Proludic Urbanix is available in other colours, however, Proludic has decided to sell it in a neutral colour to be sympathetic and blend into all-natural environments. Additionally, we wanted a clear differentiation between the gym and play equipment for children. Research has shown that bright colours act as a signal for children to play, whereas dark and neutral colours do not.

## Does the equipment need regular maintenance?

Proludic Urbanix does not need any special regular maintenance, just inspect the area every week in the same way you would for the equipment in your local play area. We would recommend however that it gets cleaned regularly and that grease is applied to moving parts.

## How is this equipment different from traditional gym equipment?

The piston is bidirectional (on nearly all items of equipment) meaning users are getting two workouts on one piece of equipment. By pushing and pulling the unit to extend and return to its starting position opposite muscle groups are benefiting from the workout. The Piston can also be adjusted so you get a real gym feel where you can exercise with a resistance to challenge your fitness level.

## Can younger children use this equipment?

No, this equipment is not suitable for children aged under 14. The standard EN16630 stipulates that children under the height of 1.4m should not be encouraged to undertake repetitive strain when exercising. Proludic Urbanix is tested and adheres to these requirements. The EN standards also state a minimum distance or barrier between a play area and outdoor gym equipment for children's safety.

## Can this equipment go on seafronts?

Yes, unlike our competitors we have special warranties that cover coastal paint erosion. The equipment is made of Zinc galvanised steel and Epoxy powder coated with UV protection preventing rusting and colour fading from sunlight. This means it can withstand any environment and climates of all weather conditions as Urbanix is sold worldwide.

## How can I find out more?

You can visit [www.proludic.link/Urbanix](http://www.proludic.link/Urbanix) for more information for full product information or call our office on 0115 9823980 to arrange a site visit with your local Area Manager.

## IMPROVE THE WELL-BEING OF EVERYONE

Our increasingly busy lifestyles and over-reliance on smart devices increase the risk of cardiovascular diseases, obesity and depression. As a result, Proludic uses its expertise in the design of their products to challenge and engage users to encourage a healthy and active lifestyle for everybody.

Proludic has been a leader in the outdoor leisure industry for more than 30 years and has rapidly expanded its sports and fitness ranges to include equipment and facilities to make sport and fitness more accessible to everyone and contribute to the well-being of the whole community.

**WHATEVER  
THE SECTOR,  
THERE IS A SPORTS  
SOLUTION FOR  
EVERY NEED**

### COMMUNITY

Proludic have always been involved in local communities thanks to the development of local sports and activity areas within them. Our aim is to make them as accessible to as many people as possible: young people looking for places to meet and have fun, occasional or regular sports enthusiasts who prefer outdoor facilities, seniors who want to keep fit, families who want to actively enjoy themselves together.



### COMMERCIAL

Proludic supports commercial businesses such as shopping centres and motorways, services, in their services offered to customers with the installation of indoor or outdoor playful and sporting structures for the enjoyment and relaxation of children and parents.



### EDUCATION

Proludic works in all areas of education (early childhood centres, schools and SEN Schools) providing facilities that give young people opportunities to move and progress their physical skills whilst having fun. These facilities can be used for recreational activities or supervised educational activities.



### HEALTH

Proludic offers sports solutions tailored to public or private healthcare institutions, targeting people undertaking rehabilitation, or older people who wish to maintain good physical activity.



### TOURISM AND LEISURE

Proludic is a longstanding provider to tourism and leisure companies such as campsites, holiday villages, hotels and resorts, sports clubs, leisure centres and theme parks of multi-targeted play and sports solutions which combine team spirit, fun and physical activity.



### PUBLIC SECTOR

Proludic equips military and penitentiary institutions with sports equipment allowing for intensive training to support the preparation of soldiers and firemen. Within prisons, our equipment helps inmates keep active and help ensure their mental well-being is maintained.





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