

## Multiple Intelligences - Rethinking the Keys to Success

### Spoken Interview Questions

#### Intra-personal



1. Self-awareness:
  - What does it mean to be self-aware?
  - How do you understand your own emotions and thoughts?
  - Can you give an example of a time when you showed self-awareness?
2. Self-reflection:
  - How do you reflect on your own experiences and actions?
  - What are some benefits of self-reflection?
  - Can you give an example of a time when you reflected on your own experiences and actions?
3. Self-acceptance:
  - What does it mean to accept yourself for who you are?
  - How do you work on accepting yourself?
  - Can you give an example of a time when you practiced self-acceptance?
4. Self-motivation:
  - What motivates you to do your best?
  - How do you stay motivated when things are challenging?
  - Can you give an example of a time when you were self-motivated?
5. Goal-setting:
  - How do you set goals for yourself?
  - What are some strategies you use to achieve your goals?
  - Can you give an example of a time when you set and achieved a goal?

6. Self-care:

- What does self-care mean to you?
- How do you practice self-care?
- Can you give an example of a time when you practiced self-care?

7. Self-confidence:

- What does it mean to be self-confident?
- How do you work on building your self-confidence?
- Can you give an example of a time when you were self-confident?

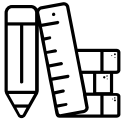
8. Self-expression:

- How do you express yourself to others?
- Why is self-expression important?
- Can you give an example of a time when you expressed yourself effectively?

9. Self-improvement:

- How do you work on improving yourself?
- What are some areas of yourself that you would like to improve?
- Can you give an example of a time when you worked on improving yourself?

## Spatial



1. Visualization:
  - What types of images or scenes do you enjoy visualizing in your mind?
  - How do you create mental images of things that you have never seen before?
  - Can you give an example of a time when you used visualization to solve a problem?
2. Spatial relationships:
  - How do you understand and use spatial relationships?
  - What types of problems or situations require understanding of spatial relationships?
  - Can you give an example of a time when you used your understanding of spatial relationships to solve a problem?
3. Navigation:
  - What types of tools or strategies do you use to navigate?
  - How do you orient yourself in a new or unfamiliar environment?
  - Can you give an example of a time when you navigated through a complex or unfamiliar environment?
4. Map reading:
  - How do you interpret and use maps?
  - What types of maps do you find the most useful?
  - Can you give an example of a time when you used a map to navigate or solve a problem?
5. Scale and proportion:
  - How do you understand and use scale and proportion?
  - What types of problems or situations require understanding of scale and proportion?
  - Can you give an example of a time when you used your understanding of scale and proportion to solve a problem?
6. Perspective:
  - How do you understand and use perspective?
  - What types of problems or situations require understanding of perspective?
  - Can you give an example of a time when you used your understanding of perspective to solve a problem?

7. Design and creativity:

- How do you use spatial intelligence in design or creative projects?
- What types of creative projects do you enjoy the most?
- Can you give an example of a time when you used your spatial intelligence to create something unique or creative?

8. Architecture and engineering:

- How do you understand and use spatial intelligence in the fields of architecture and engineering?
- What types of projects or problems require understanding of spatial intelligence in these fields?
- Can you give an example of a time when you used your understanding of spatial intelligence in architecture or engineering?

9. Art and aesthetics:

- How do you use spatial intelligence in art and aesthetics?
- What types of art or aesthetic projects do you enjoy the most?
- Can you give an example of a time when you used your spatial intelligence to create something beautiful or aesthetically pleasing?

## Naturalist



### 1. Plant identification:

- Can you identify some common plants in your area?
- What are the characteristics that help you identify these plants?
- Why do you think it's important to know about different plant species?

### 2. Animal identification:

- Can you identify some common animals in your area?
- What are the characteristics that help you identify these animals?
- Why do you think it's important to know about different animal species?

### 3. Habitat observation:

- What are some different habitats you have observed?
- Can you describe the characteristics of those habitats?
- Why do you think it's important to understand different habitats and ecosystems?

### 4. Weather observation:

- What are some different weather patterns you have observed?
- Can you describe the characteristics of those weather patterns?
- Why do you think it's important to understand different weather patterns?

### 5. Geology:

- What are some common rocks and minerals in your area?
- Can you describe the characteristics of those rocks and minerals?
- Why do you think it's important to know about different geological formations?

### 6. Water quality:

- How do you test the quality of water?
- What are some parameters that you test for?
- Why is it important to test and monitor water quality?

7. Field sketching:
  - How do you represent natural scenes through sketching?
  - What are some techniques you use to sketch nature?
  - Why is it important to accurately represent natural scenes through sketching?
8. Soil testing:
  - How do you test the quality of soil?
  - What are some parameters that you test for?
  - Why is it important to test and monitor soil quality?
9. Environmental impact:
  - How do humans impact the environment?
  - What are some common environmental problems that humans create?
  - Why is it important to understand human impact on the environment?

## Musical



1. Musical background:
  - What types of music do you enjoy listening to?
  - How did you develop an interest in music?
  - Have you taken music lessons? If so, what instrument(s) do you play?
2. Rhythm:
  - How do you understand and use rhythm in music?
  - Can you clap or tap out a rhythm for me?
  - Can you identify the rhythm in a piece of music that you like?
3. Pitch:
  - How do you understand and use pitch in music?
  - Can you sing or hum a melody for me?
  - Can you identify the melody in a piece of music that you like?
4. Harmony:
  - How do you understand and use harmony in music?
  - Can you sing or play a harmony for me?
  - Can you identify the harmony in a piece of music that you like?
5. Music theory:
  - How do you understand and use music theory?
  - Have you learned about music theory in your music lessons or elsewhere?
  - Can you explain the difference between major and minor keys?
6. Musical expression:
  - How do you express emotions through music?
  - Can you play or sing a piece of music that expresses a certain emotion?
  - Can you identify the emotions expressed in a piece of music that you like?

7. Musical performance:

- Have you performed in front of others before? If so, what was that experience like?
- How do you prepare for a musical performance?
- Can you describe your most memorable musical performance?

8. Music appreciation:

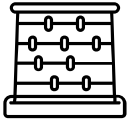
- What do you appreciate most about music?
- What are some of your favourite pieces of music, and why do you like them?
- Can you describe how music makes you feel?

9. Creativity and composition:

- Have you ever composed your own music? If so, what was that experience like?
- How do you use your musical intelligence in creative projects?
- Can you describe a time when you used your musical intelligence to create something unique or original?



## Logical-Mathematical



### Number sense:

- What do numbers mean to you?
- How do you use numbers in your everyday life?
- Can you tell me what the smallest and largest numbers are?

### Pattern recognition:

- Can you identify patterns in a series of numbers or shapes?
- How do you determine what the next number or shape in the sequence will be?
- Can you create your own pattern and explain it to me?

### Logical reasoning:

- Can you describe a situation where you had to use logic to solve a problem?
- How did you approach the problem, and what steps did you take to solve it?
- Can you explain how you arrived at your solution?

### Problem-solving:

- Can you tell me about a problem you had to solve recently?
- How did you approach the problem, and what steps did you take to solve it?
- Did you encounter any obstacles along the way? How did you overcome them?

### Deductive reasoning:

- Can you explain what deductive reasoning is and give an example?
- How do you use deductive reasoning in your everyday life?
- Can you think of a time when you used deductive reasoning to solve a problem?

Inductive reasoning:

- Can you explain what inductive reasoning is and give an example?
- How do you use inductive reasoning in your everyday life?
- Can you think of a time when you used inductive reasoning to solve a problem?

Spatial reasoning:

- Can you tell me about a time when you had to visualize an object in your mind or manipulate an object mentally?
- How did you go about doing it?
- Can you describe how you might mentally rotate a 3D object in your mind?

Critical thinking:

- Can you describe a situation where you had to critically evaluate information or an argument?
- What steps did you take to evaluate the information or argument?
- Can you explain how you came to your conclusion?

Mathematical concepts:

- Can you explain what fractions, decimals, and percentages are?
- Can you give an example of how you might use these concepts in your everyday life?
- Can you explain the difference between a ratio and a proportion?

## Existential



1. Personal values:
  - What are some values that are important to you?
  - Why are those values important to you?
  - Can you give an example of a time when you lived out one of those values?
2. Purpose and meaning:
  - What do you think your purpose in life is?
  - What gives your life meaning?
  - Can you describe a time when you felt like you were fulfilling your purpose?
3. Beliefs about death:
  - What do you think happens after we die?
  - How do you feel about the idea of death?
  - Do your beliefs about death affect how you live your life? If so, how?
4. Nature and the environment:
  - What is your favourite thing about nature?
  - How do you think humans impact the environment?
  - Why do you think it's important to protect the environment?
5. Cultural awareness:
  - What is your cultural background?
  - Can you describe a time when you learned something new about a different culture?
  - Why do you think it's important to learn about other cultures?
6. Ethics and morality:
  - Can you describe a time when you faced a difficult ethical dilemma?
  - How did you decide what was the right thing to do?
  - How do your personal beliefs about right and wrong affect your actions?

7. Creativity and expression:

- How do you like to express yourself creatively?
- Can you describe a time when you created something that you were proud of?
- Why do you think it's important to express yourself creatively?

8. Relationships and connection:

- Who are some people in your life that are important to you?
- What do you like about those people?
- Why do you think it's important to have strong relationships with others?

9. Future goals and aspirations:

- What are some things that you want to achieve in your life?
- Why are those things important to you?
- What steps do you need to take to achieve those goals?

## Interpersonal



1. Empathy:
  - What does empathy mean to you?
  - Can you give an example of a time when you showed empathy to someone?
  - How do you try to understand other people's perspectives and feelings?
2. Communication:
  - How do you communicate with others?
  - What are some effective communication skills?
  - Can you give an example of a time when you communicated effectively with someone?
3. Conflict resolution:
  - How do you handle conflicts with others?
  - What are some strategies you use to resolve conflicts?
  - Can you give an example of a time when you successfully resolved a conflict with someone?
4. Listening:
  - How do you show that you are actively listening to someone?
  - Why is listening an important skill in interpersonal relationships?
  - Can you give an example of a time when you were a good listener?
5. Body language:
  - What are some ways that people communicate nonverbally through body language?
  - Why is it important to be aware of your own body language and the body language of others?
  - Can you give an example of a time when you used body language to communicate with someone?
6. Collaboration:
  - How do you work with others in a group or team setting?
  - What are some strategies you use to collaborate effectively with others?
  - Can you give an example of a time when you worked well with a group or team?

7. Leadership:

- How do you show leadership skills?
- What are some qualities of a good leader?
- Can you give an example of a time when you showed leadership skills?

8. Respect:

- What does respect mean to you?
- Why is it important to show respect to others?
- Can you give an example of a time when you showed respect to someone?

9. Friendship:

- What does friendship mean to you?
- How do you make and maintain friendships?
- Can you give an example of a time when you were a good friend to someone?

## Bodily-Kinaesthetic



1. Physical abilities:
  - What types of physical activities do you enjoy the most?
  - How would you rate your physical coordination and balance?
  - Have you ever participated in sports or other physical activities? If so, which ones?
2. Movement and space:
  - How do you understand and use movement and space?
  - Can you describe how you move and use space in a specific physical activity?
  - Can you demonstrate a physical movement or gesture that expresses a specific emotion?
3. Fine motor skills:
  - How do you understand and use fine motor skills?
  - Can you demonstrate a fine motor skill, such as drawing or playing an instrument?
  - Have you ever used fine motor skills in a creative project? If so, what was that project?
4. Gross motor skills:
  - How do you understand and use gross motor skills?
  - Can you demonstrate a gross motor skill, such as running or jumping?
  - Have you ever used gross motor skills in a physical activity or sport? If so, which one(s)?
5. Body awareness:
  - How do you understand and use body awareness?
  - Can you describe how you use your body to express different emotions?
  - Can you identify specific parts of your body that you use in a particular physical activity?
6. Physical expression:
  - How do you use your body to express yourself physically?
  - Can you demonstrate a physical expression of a specific emotion?
  - Can you describe how you use your body to convey a message or tell a story?

7. Coordination and balance:

- How do you understand and use coordination and balance?
- Can you demonstrate your coordination and balance in a specific physical activity?
- Have you ever worked on improving your coordination or balance? If so, what did you do?

8. Fitness and health:

- How do you understand and use fitness and health?
- Can you describe your approach to staying physically fit and healthy?
- Have you ever set physical fitness goals for yourself? If so, what were they?

9. Movement and creativity:

- How do you use your bodily-kinaesthetic intelligence in creative projects?
- Can you describe a time when you used your physical abilities to create something unique or original?
- Can you demonstrate a physical movement or gesture that is a part of your personal style or creative expression?



## Linguistic



1. Reading:
  - What is your favourite book and why?
  - What types of books do you enjoy reading the most?
  - How do you choose the books you read?
2. Writing:
  - What types of writing do you enjoy doing the most?
  - How do you plan and organize your writing?
  - Can you give an example of a time when you wrote something you were proud of?
3. Speaking:
  - What types of conversations do you enjoy having the most?
  - How do you prepare for public speaking or presenting in front of a group?
  - Can you give an example of a time when you had to speak in front of a group?
4. Listening:
  - What types of audio content do you enjoy the most?
  - How do you listen effectively to others when they are speaking to you?
  - Can you give an example of a time when you listened carefully to someone else?
5. Vocabulary:
  - How do you learn new vocabulary words?
  - Can you give an example of a time when you had to use a new word that you had learned?
  - How do you know when you have fully understood a new word?
6. Grammar and syntax:
  - What types of grammar and syntax rules are important to you when you write or speak?
  - How do you identify errors in your own writing or speech?
  - Can you give an example of a time when you corrected a grammar or syntax error in your own writing or speech?

7. Storytelling:

- What types of stories do you enjoy telling the most?
- How do you create engaging and compelling stories?
- Can you give an example of a time when you told a story that others enjoyed listening to?

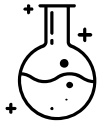
8. Persuasion:

- What types of arguments do you find most convincing?
- How do you build a strong argument when trying to persuade someone?
- Can you give an example of a time when you successfully persuaded someone to see things from your point of view?

9. Communication skills:

- What do you think are the most important communication skills?
- How do you work on improving your communication skills?
- Can you give an example of a time when you used strong communication skills to achieve a goal?

## Scientific



1. Knowledge of Scientific Concepts:
  - What is the difference between a solid, a liquid, and a gas?
  - Can you explain the water cycle?
  - How do plants make their own food?
2. Scientific Method:
  - What is a hypothesis?
  - What is a control group?
  - Can you describe the steps of the scientific method?
3. Data Analysis:
  - How do you organize data?
  - Can you interpret a graph or chart?
  - Can you explain how to calculate a mean, median, or mode?
4. Scientific Instruments:
  - What is a microscope used for?
  - Can you describe what a balance or scale measures?
  - Can you explain how a thermometer works?
5. Scientific Inquiry:
  - Can you design an experiment to test a hypothesis?
  - How would you collect data for an experiment?
  - Can you explain why it is important to have a control group in an experiment?
6. Scientific Discoveries:
  - Can you describe a famous scientific discovery?
  - How do you think this discovery has impacted our lives today?
  - Can you think of a scientific discovery that you would like to make?

7. Technology in Science:

- Can you describe a piece of technology used in scientific research?
- Can you explain how technology has impacted scientific research?
- How do you think technology will continue to impact scientific research in the future?

8. Science in Society:

- Can you describe how science impacts our daily lives?
- How does science impact our environment?
- Can you explain the role of science in solving global issues?

9. Science Career Paths:

- Can you name some careers in science?
- Can you describe what a scientist does on a daily basis?
- Can you explain why science is an important field to work in?

## Artistic



1. Artistic Elements:
  - What are some of the basic elements of art?
  - Can you explain what colour theory is?
  - Can you describe the different types of lines used in art?
2. Artistic Styles:
  - What is your favourite style of art?
  - Can you describe the characteristics of a particular art style?
  - Can you explain how an artist's style can change over time?
3. Artistic Techniques:
  - Can you explain what shading is?
  - Can you describe how to create depth in a drawing or painting?
  - Can you describe how to use different textures in a piece of artwork?
4. Artistic Tools:
  - Can you explain how to use a paintbrush?
  - Can you describe how to use a pencil or charcoal?
  - Can you explain how to use different types of paper or canvas?
5. Artistic Inspiration:
  - What inspires you to create art?
  - Can you describe how your environment can inspire your artwork?
  - Can you explain how your emotions can inspire your artwork?
6. Artistic Process:
  - Can you describe your process for creating a piece of artwork?
  - Can you explain how you come up with an idea for a piece of artwork?
  - Can you describe how you refine a piece of artwork during the creative process?

7. Artistic Expression:

- Can you describe how you express yourself through your artwork?
- Can you explain how your artwork can communicate a message or idea?
- Can you describe how your artwork can reflect your personality or emotions?

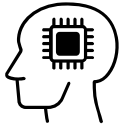
8. Artistic Critique:

- Can you explain how to give constructive criticism to another artist?
- Can you describe how to receive constructive criticism about your own artwork?
- Can you explain how to use feedback to improve your artwork?

9. Artistic Careers:

- Can you name some careers in the arts?
- Can you describe what a professional artist does on a daily basis?
- Can you explain why the arts are an important field to work in?

## Technological



1. Computer Fundamentals:
  - What is a computer?
  - Can you name some computer hardware components?
  - Can you explain what software is?
2. Operating Systems:
  - What is an operating system?
  - Can you name some different operating systems?
  - Can you explain what the desktop is?
3. Internet Basics:
  - What is the internet?
  - Can you name some popular websites?
  - Can you explain how to search for information on the internet?
4. Email and Communication:
  - What is email?
  - Can you explain how to compose and send an email?
  - Can you describe how to attach a file to an email?
5. Social Media:
  - What is social media?
  - Can you name some popular social media platforms?
  - Can you explain how to post a message on social media?
6. Online Safety:
  - What is online safety?
  - Can you explain how to create a secure password?
  - Can you describe how to avoid online scams?

7. Digital Media:

- What is digital media?
- Can you name some types of digital media?
- Can you describe how to create a digital media project?

8. Programming:

- What is programming?
- Can you name some programming languages?
- Can you explain how to write a simple computer program?

9. Technology Career Paths:

- Can you name some careers in the technology field?
- Can you describe what a technology professional does on a daily basis?
- Can you explain why technology is an important field to work in?



## Medical



1. Knowledge:
  - What is the difference between a virus and a bacteria?
  - What are some common illnesses that are caused by viruses?
  - What are some common illnesses that are caused by bacteria?
2. Diagnosis:
  - What would you ask someone if they came to you with a sore throat?
  - What would you ask someone if they came to you with a fever?
  - What would you ask someone if they came to you with a headache?
3. First Aid:
  - What should you do if someone is choking?
  - What should you do if someone is bleeding heavily?
  - What should you do if someone has a broken bone?
4. Medical Terminology:
  - What does "inflammation" mean?
  - What does "antibiotic" mean?
  - What does "immunization" mean?
5. Health Promotion:
  - Why is it important to exercise regularly?
  - What are some healthy foods you enjoy eating?
  - How can you reduce stress in your life?
6. Infection Control:
  - What are some ways you can prevent the spread of germs?
  - When should you wash your hands?
  - Why is it important to cover your mouth when you cough or sneeze?

7. Medical Ethics:

- What should you do if you see someone being treated unfairly or disrespectfully in a medical setting?
- What should you do if you see someone stealing medical supplies or medications?
- Why is it important to respect the privacy of others in a medical setting?

8. Nutrition:

- Why is it important to eat a balanced diet?
- What are some healthy snacks you enjoy eating?
- Why is it important to drink plenty of water?

9. Communication:

- What should you do if you don't understand something your doctor or nurse is saying?
- How can you communicate more effectively with your doctor or nurse?
- Why is it important to be honest with your doctor or nurse about your symptoms and concerns?

## Teaching



1. Classroom Management:
  - How do you think a good student should behave in the classroom?
  - What are some classroom rules that you think are important?
  - How would you handle a situation where someone in the classroom is not following the rules?
2. Instructional Design:
  - How would you design a lesson on a topic you are interested in?
  - What would be your learning objectives for the lesson?
  - How would you assess if the students learned what they were supposed to learn?
3. Differentiation:
  - How would you help a student who is struggling with a certain topic?
  - How would you challenge a student who is excelling in a certain topic?
  - How would you handle a situation where a student has a different learning style than you?
4. Communication Skills:
  - How would you explain a difficult concept to a classmate who is struggling to understand it?
  - How would you ask a question in class?
  - How would you participate in a group discussion?
5. Curriculum Development:
  - What are some things you would like to learn about in school?
  - How would you plan a project on a topic you are interested in?
  - What would be your learning objectives for the project?
6. Assessment and Evaluation:
  - What are some ways you can assess if your students are learning?
  - How would you use assessment data to plan for future lessons?
  - What are some types of assessments you would use in the classroom?

7. Collaborative Skills:

- How do you work in a group with people who have different ideas than you?
- How would you contribute to a group project?
- How would you handle a situation where someone in the group is not contributing?

8. Professional Development:

- What are some ways you can continue to learn and grow as a teacher?
- What are some extracurricular activities you are involved in that can help you as a teacher?
- Why is it important for teachers to continue learning?

9. Student Outcomes:

- What is the most important thing for students to learn in school?
- How can you help students who are struggling in the classroom?
- How would you measure if your students are learning what they are supposed to be learning?

## Creative



### 1. Idea Generation:

- What are some of your favourite hobbies?
- How would you improve something you use every day?
- Can you think of a new game or activity that you would like to play?

### 2. Imagination:

- What is the most interesting place you have ever visited?
- What is the most interesting book you have ever read?
- Can you describe a completely imaginary world?

### 3. Fluency:

- Can you list as many types of animals as you can?
- Can you list as many types of fruits as you can?
- Can you list as many types of vehicles as you can?

### 4. Originality:

- What makes you different from your friends?
- What makes you unique?
- Can you describe something you created that is different from anything else you have seen before?

### 5. Elaboration:

- Can you describe how you would create a new invention?
- Can you describe how you would create a new dance or song?
- Can you describe how you would create a new recipe?

### 6. Visualization:

- Can you describe a picture in your head of a favourite place?
- Can you describe a picture in your head of a favourite animal?
- Can you describe a picture in your head of a favourite food?

7. Collaboration:

- How do you work with others to create something new?
- Can you describe a time when you had to work with others to complete a task?
- Can you describe a time when you had to compromise with others to achieve a common goal?

8. Risk-taking:

- What is something you have done that was outside of your comfort zone?
- Can you describe a time when you took a risk and it paid off?
- Can you describe a time when you took a risk and it did not pay off?

9. Implementation:

- Can you describe how you would turn an idea into a physical object?
- Can you describe how you would turn a creative idea into a project?
- Can you describe how you would present your creative idea to others?

## Guide

Ask the questions – seek to understand.

Watch the eyes, facial expressions, body language

If there is any resistance, move on.

Need help? Get in touch.

Feedback welcome!

[linkedin.com/in/jonathanfrost62](https://www.linkedin.com/in/jonathanfrost62)

[jonathan@uksno1.com](mailto:jonathan@uksno1.com)

<https://drjonathanfrost.com/>

Inspired by Howard Gardner

This document is based on the work of Howard Gardner, Cambridge MA

<https://www.howardgardner.com/>