



ABC
Training
Services

The professional approach

Training Calendar

2023

**To make a booking contact us on
one of the following:**

Training Office: 01283 845008

Mobile: 07931 452386

enquiries@abc-trainingservices.co.uk

You can also book on the website

www.abc-trainingservices.co.uk

A provider of professional First Aid, Health and Safety and Care training courses across the United Kingdom for both private customers and companies alike.

Whatever the nature of your business or career, our courses help keep you prepared for any emergency. Open courses are available in Burton upon Trent, we also provide on-site training for businesses across the UK. We are proud to be an independent training organisation, proud to serve the people of Burton upon Trent and of what we have achieved.

We have been established in Burton upon Trent since 2006 and have our own training venue with excellent facilities. Our trainers are all experienced in their subject knowledge and use modern techniques for training. Our administration is simple and not time consuming on those wishing to book training. Certificates are usually hand delivered if they are local within the Burton area.

PROFESSIONAL YET AFFORDABLE

With over 20 years' experience of teaching we offer a professional approach to our work at extremely competitive prices, you can rest assured that your needs will be looked after by one of the best training companies in the UK.

A FLEXIBLE COURSE SCHEDULE

You can keep up to date with all the latest training dates from ABC Training Services by looking at our course schedule. We offer a vast number of training dates, so you can be sure to find something that suits your work schedule.

INTERACTIVE ONLINE COURSES

We provide many online training courses covering a variety of health & safety and social care topics. Our courses are designed to keep your business safe and comply with health & safety regulations, all at a fraction of the time and cost you would expect.

EVENT COVER

ABC Training Services are fully insured and provide professional, not-for-profit first aid and medical cover for private and public events. Our event team is Care Quality Commission registered and inspected. Our professional team look after a range of events from League Football to local community events. All of our events are managed to the same high standard which results in event organisers booking us a year or more in advance.

HEALTH AND SAFETY CONSULTANCY

Our consultant has over 20 years' experience of hands on Health and Safety work and prides himself on simplifying processes so that they are easier to understand.

Course Schedule

January

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February

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26	27	28				

March

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April

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30						

May

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June

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July

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30	31					

August

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30	31					

September

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October

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November

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30	31					

December

Su	Mo	Tu	We	Th	Fr	Sa
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23	24	25	26	27	28	29
30	31					



FIRST AID AT WORK (3DAYS)



EMERGENCY FIRST AID AT WORK (1DAY)



FIRE MARSHAL (HALF DAY)



FIRST AID AT WORK REQUALIFICATION (2DAYS)



PAEDIATRIC FIRST AID (2DAYS)



PAEDIATRIC EMERGENCY FIRST AID (1DAY)



ANNUAL REFRESHER FIRST AID AT WORK (HALF DAY)



MANUAL HANDLING (1DAY)

First Aid Courses

Course Title

First Aid at Work
First Aid at Work Requalification
Emergency First Aid at Work
First Aid at Work + F
Emergency First Aid at Work + F
Emergency First Aid
FREC @ 3
Annual Refresher Training
Paediatric First Aid
Emergency Paediatric First Aid
Automated External Defibrillation
Sports Injury First Aid
Epi-pen Training

Health and Safety Training

Course Title

Risk Assessment
Manual Handling
General Safety Awareness
Fire Marshal
CIEH Level 1 Award in Health and Safety in the workplace
CIEH Level 2 Award in Health and Safety in the workplace
CIEH Level 3 Award in Health and Safety in the workplace

E-Learning Courses: Health and Safety

Course Title

Asbestos Awareness
Achieving Food Hygiene Rating Level 5
Alcohol Personal Licence Holder
Allergen Awareness
Asbestos Awareness for Architects and Designers
Assessing Display Equipment
Abrasive Wheels
Basic Legionella Management
Behavioural Science
CDM Awareness
Control of Substances Hazardous to Health (COSHH)
Display Screen Awareness
Drug and Alcohol Awareness
Duty of Care
Electrical Safety
Fire Extinguisher Awareness
Fire Marshal
Fire Marshal for Care Homes
Food Safety
Introduction to Early Years Foundation Stage
Introduction to HACCP Level 2
Introduction to Personal Safety for lone Workers
Introduction to Risk Assessment
Level 1 Food Safety - Catering
Level 1 Food Safety - Manufacturing
Level 1 Food Safety - Retail
Level 2 Food Safety - Catering
Level 2 Food Safety - Manufacturing
Level 2 Food Safety - Retail
Level 1 Health and Safety in a construction Environment Accredited Exam
Licensed Premises Staff Training
Lockdown Procedure in Schools
Manual Handling
Mental Health Awareness
Noise Awareness
Personal Protective Equipment
Positive Handling in Schools
Prevent Duty
Slips, Trips and Falls
Supervising Food Safety - Level 3
Working at Height
Working in Confined Spaces

Working Safely
Working with the Private Security Industry
Workplace Health and Safety
Your Personal Development

E-Learning Courses: Social Care

Course Title

Autism Awareness
Dementia Awareness
Diabetes Awareness
Dignity and Privacy
End of Life Care
Epilepsy Awareness
Equality, Diversity and Discrimination
Handling Information in a Care Setting
Infection Control
Introduction to Safe Handling of Medicines
Learning Disability Awareness
Lockdown Procedure in Schools
Mental Health Awareness
Mental Capacity Act and Deprivation of Liberty Safeguards
Nutrition and Hydration
Person Centred Care
Positive Handling in Schools
Principals of Communication
Safeguarding Adults
Safeguarding Children
Sharps Awareness
Stroke Awareness
Understanding your role in Care

First aid at Work

Course duration – minimum of 18 hours excluding break times, can be run over split days, but must be completed in 10 weeks with no session less than 2 hours.

Certificate will last for 3 years from the date of passing the exam. Examination by qualified external assessors.

On completion of training, successful candidates will be able to:

- Provide emergency first aid at work
- Provide basic instruction in the use of an AED
- Administer first aid to a casualty with:
 1. Injuries to bones, muscles and joints, including suspected spinal injuries
 2. Chest injuries
 3. Burns and scalds
 4. Eye injuries
 5. Sudden poisoning
 6. Anaphylactic shock
- Recognise the presence of major illness and provide appropriate first

Cost: £240.00 + VAT per candidate

First Aid At Work

Requalification

Each Candidate must hold a current First Aid at Work Certificate! Course duration – minimum of 12 hours excluding break times, can be run over split days, but must be completed in 6 weeks with no session less than 2 hours.

Certificate will last for 3 years from the date of passing the exam. Examination by qualified external assessors.

On completion of training, successful candidates will be able to:

- Provide emergency first aid at work
- Provide basic instruction in the use of an AED
- Administer first aid to a casualty with:
 1. Injuries to bones, muscles and joints, including suspected spinal injuries
 2. Chest injuries
 3. Burns and scalds
 4. Eye injuries
 5. Sudden poisoning
 6. Anaphylactic shock
- Recognise the presence of major illness and provide appropriate first

Cost: £180.00 + VAT per candidate

Emergency First Aid At Work Course

Course duration – 6 hours, which can be split over two sessions. Certificate will last for 3 years from the date of the course. There is no formal exam, continual assessment of skill during course.

On completion of training, successful candidates will be able to:

- Understand the role of the first aider including reference to:
 1. The importance of preventing cross infection
 2. The need for recording incidents and accidents
 3. Use of available equipment
- Assess the situation and circumstances in order to act safely, promptly and effectively in an emergency
- Administer first aid to casualty who is unconscious (including seizure)
- Administer cardiopulmonary resuscitation
- Provide basic instruction in the use of an AED
- Administer first aid to a casualty who is choking
- Administer first aid to a casualty who is wounded and bleeding
- Administer first aid to a casualty who is suffering from shock
- Provide appropriate first aid for minor injuries

Cost: £120.00 + VAT per candidate

First Aid At Work

Course + F

Course duration – minimum of 18 hours excluding break times, can be run over split days, but must be completed in 10 weeks with no session less than 2 hours. The certificate will last for 3 years from the date of passing the exam. Examination by qualified external assessors.

On completion of training, successful candidates will be able to:

- Provide emergency first aid at work
- Provide basic instruction in the use of an AED
- Administer first aid to a casualty with:
- Injuries to bones, muscles, and joints, including suspected spinal injuries
- Chest injuries
- Burns and scalds
- Eye injuries
- Sudden poisoning
- Anaphylactic shock
- Recognise the presence of major illness and provide appropriate first aid.

In addition, the following subjects will be included.

- Severe bleeding (i.e. chainsaw injury)
- Crush injury
- Hypothermia / Hyperthermia
- Lyme disease
- Tick and snake bites
- Bee stings

Cost: £240.00 + VAT per candidate

Emergency First Aid

At Work + F

Course duration – 8 hours, which can be split over two sessions. Certificate will last for 3 years from the date of the course. There is no formal exam, continual assessment during the course. This course is regulated by the HSE and the Forestry Commission.

On completion of training, successful candidates will be able to:

- Understand the role of the first aider including reference to:
 1. The importance of preventing cross infection
 2. The need for recording incidents and accidents
 3. Use of available equipment
 4. Assess the situation and circumstances in order to act safely, promptly and effectively in an emergency
 5. Administer first aid to a casualty who is unconscious (including seizure)
 6. Administer cardiopulmonary resuscitation
 7. Provide basic instruction in the use of an AED
 8. Administer first aid to a casualty who is choking
 9. Administer first aid to a casualty who is wounded and bleeding including chainsaw injuries
 10. Administer first aid to a casualty who is suffering from shock
 11. Provide appropriate first aid for minor injuries
 12. Use an AED
 13. Tick and Snake bites, Bee stings and other illnesses including Lyme disease
 14. Crush injuries
 15. Emergency Action Planning

Cost: £130.00 + VAT per candidate

Emergency First Aid Course

Course duration – 3 hours. Certificate will last for 3 years from the date of the course. There is no formal exam, a certificate of attendance will be issued. This course is not regulated by the HSE

On completion of training, successful candidates will be able to:

- Understand the role of the first aider including reference to:
 1. The importance of preventing cross infection
 2. The need for recording incidents and accidents
 3. Use of available equipment
 4. Assess the situation and circumstances in order to act safely, promptly and effectively in an emergency
 5. Administer first aid to casualty who is unconscious
 6. Administer cardiopulmonary resuscitation
 7. Provide basic instruction in the use of an AED
 8. Administer first aid to a casualty who is wounded, bleeding and shock
 9. Provide appropriate first aid for minor injuries

Suitable for sports coaches that have a basic responsibility for their team members.

Cost: £30.00 + VAT per candidate

First Response Emergency Care

Course duration – 30 hours (5 Days) This course is aimed at The QA Level 3 Certificate in First Response Emergency Care (RQF) is a regulated and nationally recognised qualification specifically designed for those seeking a career in the emergency services, ambulance service, the event and security medical sector or those who work in high risk workplaces.

Over a 5 day period, Learners will gain the knowledge, skills and competencies needed to deal with a range of Prehospital care emergencies, such as: managing a patient's airways, catastrophic bleeding, management of fractures, medical emergencies and more. For a more detailed overview of the topics covered, please download the Qualification Specification.

FREC® 3 course content

1. Roles and Responsibilities of Pre-Hospital Care Providers
2. Incident assessment and control
3. Casualty assessment
4. Catastrophic Bleeding
5. Airway management
6. Cardiopulmonary Resuscitation (CPR)
7. Medical Gases
8. Trauma (Muscular-Skeletal)
9. Trauma (thoracic)
10. Medical conditions
11. Environmental
12. Human body

Cost: £495.00 + VAT per candidate

Annual Refresher Training

Course duration – 3 hours.

Annual refresher training is not a legal requirement for Company's, but it has a proven benefit to the first aider at the moment of need, the HSE strongly recommend that it should be undertaken, ABC Training Services and The Association of First Aiders support that statement.

There is no formal examination, continual assessment of skill during the course.

Candidates should demonstrate their competence to:

- Assess the situation in an emergency
- Administer first aid to a casualty who is unconscious (including seizure)
- Administer cardiopulmonary resuscitation
- Administer first aid to a casualty who is wounded and bleeding
- Administer first aid to a casualty who is suffering from shock
- The use of an AED

Cost: £60.00 + VAT per candidate

Paediatric First Aid

Course duration – 12 hours,

which can be split over four sessions. Certificate will last for 3 years from the date of the course. There is no exam, continual assessment of skill during course.

Candidates should demonstrate their competence to:

- The use of first aid equipment including the contents of a first aid kit
- An action plan for an emergency including record keeping
- The importance of personal hygiene during first aid
- To be able to manage a casualty that is suffering from:
 1. Cardiac Arrest
 2. Provide basic instruction in the use of an AED
 3. Is unconscious
 4. Is wounded or bleeding
 5. Is suffering from shock
 6. History, signs and symptoms
 7. Has been burned or scalded
 8. May have been poisoned or exposed to a harmful substance
 9. Choking
 10. Childhood conditions such as meningitis

Cost £140.00 Per candidate + VAT

If you are a group organiser, book 10 places and receive 2 free, maximum number of students 12 per course

Emergency Paediatric First Aid

Course duration – 6 hours.

Competency based training with no formal examination. The certificate will remain valid for 36 months Courses can be booked in house or book a place on one of our open courses.

Candidates should demonstrate their competence to:

- To be able to treat a patient that is
 1. is unresponsive and breathing
 2. is unresponsive and not breathing, including:
 3. the chain of survival
 4. the use of an automated external defibrillator (AED) on a child
 5. is choking
 6. is bleeding
 7. is suffering from shock
 8. is burnt or has a scald
 9. has a medical emergency, including seizures

Cost £100.00 Per candidate + VAT

The minimum number of students are 4 with a maximum of 12.

Automated External Defibrillation

Course duration – 4 hours.

Competency based training with no formal examination. The certificate will remain valid for 12 months Courses can be booked in house or at our training venue, as the use of an AED is covered on first aid courses, we only arrange this training on mutually convenient dates.

Candidates should demonstrate their competence to:

- The Primary Survey
- Cardiopulmonary Resuscitation
- Unconscious casualty management
- Chest pains including angina
- Cardiac arrest
- The chain of survival
- Using the AED
- Making a handover

Cost £70.00 Per candidate + VAT

The minimum number of students are 4 with a maximum of 12.

Sports Injury First Aid Course

Course duration – minimum of 6 hours, which can be split over two sessions. Certificate will last for three years. There is no exam, continual assessment during the course. The certificate will remain valid for 3 years.

Candidates should demonstrate their competence to:

- The use of first aid equipment including the contents of a first aid kit
- An action plan for an emergency including record keeping
- The importance of personal hygiene during first aid
- To be able to manage a casualty that is suffering from:
 1. Cardiac Arrest
 2. Is unconscious
 3. Is wounded or bleeding
 4. Is suffering from shock
 5. History, signs and symptoms
 6. Is suffering from an injury to bones, muscles or joints
 7. Head injuries
- The use of an AED
- Manage the transportation of a casualty as required by the circumstances of the

Cost £90.00 Per candidate + VAT

Epi-Pen Training

Course duration – This course is run over a maximum of 2 hours. Certificate will last for 3 years.

There is no formal exam, each candidate will be monitored throughout the course for competence.

This course can be held at your venue or ours, the choice is yours!

Candidates should demonstrate their competence to:

- Understanding triggers for anaphylaxis
- Understanding the effects on the body of an allergic reaction
- Using the epi-pen the circumstances of the

Cost £200.00 VAT per course, for up to 12 students

Risk Assessment Course

Course duration – 6 hrs.

The risk assessment practice part of the course will be tailor made to suit your needs; it is best delivered on a Company basis with a minimum of 8 people.

Exam – A short multiple choice and written answer questionnaire. Suitable for any person involved in risk assessments at the basic level, e.g. Supervisors.

Content

- The legal Framework
- The Health and Safety at Work Act
- The Management of Health and Safety at Work Regulations
- Reasonably Practicable
- The principles of Risk Reduction
- Risk Assessment practice

For quality purposes and feedback, this course should be limited to a number of 12 delegates at a time.

Cost £90.00 + VAT per candidate.

Manual Handling Course

Course duration – 3 to 4 hours

All employees are suitable for this course. This is an attendance course and is not examined, but all candidates receive constructive comments on their practical performance.

Content

- What is manual handling
- Relating injuries to manual handling
- Cost of manual handling, Employers, National Economy and Personally
- The Health and Safety At Work Act and the Manual Handling Regulations
- The spine
- Risk Assessment, Load, Individual, Task and Environment
- Making a stable base
- Pushing, pulling of trolleys
- Practical work in manual handling

Cost £60 + VAT per candidate

You can book a course to be held at your venue, or book on one of my open courses.

General Safety Awareness Course

Course duration – 6 hours.

This course is designed for all employees that do not require formal qualifications but do require training in basic health and safety. This course can be tailor made to meet your Company's needs. There is a written exam on completion.

Content

- Health & Safety Law
- Environment
- Accident Reporting & First Aid
- Fire Precautions
- Control of Substances Hazardous to Health (COSHH)
- Personal Protective Equipment (PPE)
- Manual Handling
- Noise &Vibration
- POWER LOLER
- Safety in Excavations / Confined Spaces
- Avoidance of Underground Services

Cost £100 + VAT per candidate

Fire Marshal Course

Course duration – 4 hours.

This course is suitable for all employees that are responsible for ensuring their workplace is evacuated safely and effectively. There is no exam for this course.

Content

- Fire Precaution Regulations
- The cost of fire damage The cost of arson
- Fire detection and warning systems
- Means of Escape
- The role of the fire marshal
- Firefighting equipment

All candidates will have the opportunity to handle fire extinguishers during the course.

Cost £80 .00 + VAT per candidate

You can book a course to be held at your venue, or book on one of our open courses.

CIEH Level 1

The CIEH Introductory Certificate in Occupational Health and Safety provides an awareness of key health and safety issues, and the part that workers should play in keeping themselves and others free from harm at work.

Who is this course for?

- Employees of all levels that need an awareness of health and safety
- New workers required to take health and safety induction training at the start of a new job
- As part of a work experience programme

Course overview

This course will give you a basic background and understanding of general health and safety practices and the control measures required to reduce risks in the workplace.

Key facts

- Ideal induction to a job
- Provides basic knowledge of what is required to support a safe working environment
- Develop knowledge of the roles and responsibilities of employers and employees
- Learn about the importance of health and safety
- Identify typical workplace hazards and conditions that can affect you at work

Designed for: All employees

Course duration: 6 Hours

Assessment method: Multiple choice examination

QCA Accredited: Yes

Level: New Level 1

Cost £100 .00 + VAT per candidate

CIEH Level 2

CIEH Level 2 Award in Health and Safety in the workplace Health and safety understanding for all employees.

The CIEH Level 2 Award in Health and safety in the Workplace replaces the Foundation Certificate in Health and Safety in the Workplace. The qualification can be tailored to business and individual needs to make the learning experience relevant and fit for purpose

Content

- Legislation
- Health
- Safety
- Welfare
- The workplace and workplace equipment
- Risk Assessment
- Manual Handling
- Hazardous Substances
- Ergonomics and workstation design
- Transport and Vehicles
- Noise and vibration

Designed for: All employees

Course duration: 12 Hours

Assessment method: Multiple choice examination

QCA Accredited: Yes

Level: New Level 2

Cost £150 .00 + VAT per candidate

CIEH Level 3

CIEH Level 3 Award in Health and Safety in the Workplace, Health and Safety understanding for Managers and Supervisors.

With a focus on the role of supervision, learners on this course will develop the essential knowledge and understanding to enable them to discharge health and safety responsibilities. Upon completion of this course you will understand your roles and responsibilities for the health and safety of others and be able to ensure the safety of your employees

Who is this course for?

- Managers and supervisors within a workplace
- Learning and development coaches

Course overview

This course aims to provide managers and supervisors with a thorough understanding of the different aspects of health and safety in the workplace

Key facts

- Updating and upskilling from previous learning
- Offers management support
- Learn about the importance of planning, risk profiling and organisational implementation of health and safety in occupational settings
- Cover the monitoring, measurement and investigation processes required to comply with legislation

Designed for: Managers and Supervisors

Course duration: 18 Hours

Assessment method: Multiple choice examination

QCA Accredited: Yes

Level: New Level 3

Cost £349 .00 + VAT

E-Learning: Health and Safety

You would think that one-on-one training would cost a fortune and be time consuming to organise. Well, it is not!

Our one-on-one tutor led interactive online training goes at precisely the pace required by each individual. It provides an opportunity to go over the learning content as often as required so every employee gets the optimum learning experience that will be retained and applied to keep your business safe and compliant.

At a fraction of the cost and fraction of management time than you would expect, this health and safety training has the added bonus of a minimal loss of productivity because it is efficient and flexible.

All prices quoted are exclusive of VAT



This course is aimed at anyone who uses abrasive wheels or employs people who use abrasive wheels as part of their work. It covers different types of abrasive wheel, safety in their use and how to identify the type of wheel.

Abrasive Wheels - £35.00

Approved by IIRSM & CPD - Duration 100 mins



This course is intended to give you an overview of how the National Food Hygiene Rating Scheme works, what the scoring criteria are and how these are assessed by the inspectors, the appeals process, the Safer Food Better Business management system, E-Coli and concludes with some practical advice for ensuring your premises gets the best score possible.

Achieving Food Hygiene Rating Level 5 - £35 .00

Approved by CPD - Duration 50 mins

E-Learning: Health and Safety



This course is intended to provide you with the knowledge you need to complete the test to become a personal licence holder. It covers all the major topics relating to UK licencing law, responsibilities and penalties for breaching these. It also looks in detail at the issue of age verification including an interactive element to support learning in this area

Alcohol Personal Licence Holder - £125 .00

Approved by CPD & Laser awards – Duration 90 mins



This course covers general allergies, food allergies and food intolerances and explains the differences between them. It covers the 14 allergens controlled by legislation along with food additives and how they can trigger allergic reactions. It takes a detailed look at the symptoms of food allergies and takes in the wider picture discussing the current theories of why rates are increasing. It then finishes off by covering practical steps that can be taken to reduce the risk from allergens and what steps can be taken both internally and externally to monitor the control measures.

Allergen Awareness - £35.00

Approved by RoSPA & CPD – Duration 100 mins



As well as informing you about the risks of working with asbestos, the course will deliver a lot more information about: Recognising asbestos, where it is used, minimising the risks and the legislation about working with asbestos.
Asbestos Awareness for Architects and Designers is a variation of this course.

Asbestos Awareness - £35.00

Approved by RoSPA & IATP – Duration 65 mins



As well as informing you about the risks of working with asbestos, the course will deliver a lot more information about: Recognising asbestos, where it is used, minimising the risks and the legislation about working with asbestos. This course is a variation on the Asbestos Awareness course that contains specific information for designers and architects.

Asbestos Awareness for Architects and Designers - £35.00

Approved by RoSPA & IATP – Duration 75 mins

E-Learning: Health and Safety



This course is aimed at companies who employ users of display screen equipment, or DSE as it is often called and is intended to be completed by those who will be assessing the DSE set ups of employees. DSE is a term that covers a wide range of equipment. If equipment like this is not set up correctly, users are at increased risk from certain disorders.

Assessing Display Screen Equipment - £35.00

Approved by II RSM - Duration 110 Mins



Explaining the background to Legionella and Legionnaires' disease, the potential risks associated with water systems and how these can be prevented or controlled.

Basic Legionella Management - £65.00

Approved by RoSPA - Duration 75 mins



This course defines behavioural safety and explains the origins of the concept. It covers how it can be implemented in the workplace and some of the potential benefits. It includes analysis of some examples of 'at risk behaviours' and some examples of ways you can measure how well your organisation is doing when it comes to safety. Finally, it touches on some of the key laws regarding health and safety in the workplace and how to ensure positive workforce attitudes.

Behavioural Science - £35.00

Approved by IIRSM - Duration 45 min



This awareness course covers the core concepts of the regulations and details the various roles that are required for a construction project along with the key documents that need to be produced. It starts with an introduction to CDM, then covers some of the parameters that need to be checked when a project is being planned. It finishes by detailing several example projects that illustrate how the regulations can be applied.

CDM Awareness - £35.00

Approved by IIRSM - Duration 40 mins

E-Learning: Health and Safety



This course covers what you need to know about the Control of Substances Hazardous to Health. It is aimed at anyone who is exposed to Substances Hazardous to Health at work, as well as line managers with responsibility for such people.

Control of Substances Hazardous to Health (COSHH) - £35.00

Approved by IIRSM - Duration 125 mins



This course is aimed at users of display screen equipment, or DSE as it is often called. DSE is a term that covers a wide range of equipment. If DSE equipment like this is not set up correctly, users are at increased risk from certain disorders. As an employee, you share the responsibility to keep people safe at work. That means undergoing relevant training and ensuring that rules are followed.

Display Screen Awareness - £35.00

Approved by IIRSM - Duration 50 mins



This course is intended to provide you with the information you needed to understand and spot the signs of drug and alcohol misuse. It covers the legal and social implications for the individual and for your company if you find out an employee is misusing drugs. This course discusses the law, different types of drugs, and policies that can be put in place to protect yourself, your business and your employees.

Drug and Alcohol Awareness - £35.00

Approved by CPD - Duration 80 mins



This course will start by covering the many benefits electricity brings to society, as well as its key components voltage, current and resistance. It will explain the two main types of electricity, cover UK accident and death statistics, and describe a simple way of remembering the electrical hazards. It then goes on to provide basic instructions about how you could safely help someone you suspect has received an electric shock.

Electrical Safety - £35.00

Approved by IIRSM - Duration 45 mins

E-Learning: Health and Safety



Learn how to identify the different types of fire extinguishers that might be installed within your workplace and what situations they might be used in. At the end of the final module you will be presented with a simulation that will test what you have learnt.

Fire Extinguisher Awareness - £25.00

Approved by RoSPA & CPD - Duration 25 mins



The main outcome of this training course is to provide you with the knowledge to carry out the functions of a fire marshal. Please note, this course also contains all of the content in the Basic Fire Awareness and Fire Extinguisher courses.

Fire Marshal - £35.00

Approved by RoSPA & CPD - Duration 220 mins



The main outcome of this training course is to provide you with the knowledge to carry out the functions of a fire marshal. Please note, this course also contains all of the content in the Basic Fire Awareness and Fire Extinguisher courses. This course is a variation on the Fire Marshal course that contains information that is specific to employees of care and residential homes.

Fire Marshal for Care Homes - £35.00

Approved by RoSPA & CPD - Duration 220 mins



This course aims to provide a gentle introduction to the expectations of the Early Years Foundation Stage, and it can also act as a refresher for those wanting to update their knowledge. It will introduce you to some of the key documents and legislation that relate to Early Years providers, the process for registering with Ofsted and the various policies and procedures that need to be in place. It also covers learning and development requirements, how to observe and assess the progress of children in your care and the safeguarding and welfare requirements laid out in the EYFS Framework.

Introduction to Early Years Foundation Stage - £25.00

Approved by CPD - Duration 60 mins

E-Learning: Health and Safety



This course will start by covering some of the key terms you will need to understand before moving on to identifying critical control points and analysing some of the key hazards. It will show you how to determine control points and how to avoid cross-contamination in the food chain. It will also cover some of the control measures that can be taken along with how to address a problem if a critical limit is breached.

Introduction to HACCP Level 2 - £35.00

Approved by RoSPA & CPD – Duration 80 mins



This course acts as an introduction to personal safety for lone workers and applies to those that work alone within business premises, mobile workers and homeworkers. It covers the legal responsibilities of both employers and employees, some of the common security precautions that can be implemented, practical steps you can take to avoid conflict in lone worker situations and other elements that can contribute to lone worker safety

Introduction to Personal Safety for lone Workers - £35.00

Approved by IIRSM – Duration 45 mins



At the end of this course, candidates will understand what a risk assessment is and how to complete one. To achieve this the course will define important terms, provide some basic background information to explain how important risk assessments are and discuss some of the legislation that applies. It will then go on to provide practical advice on how to identify hazards and analyse risk before finishing off by explaining the responsibilities of both employers and employees with regards to risk assessment.

Introduction to Risk Assessment - £35.00

Approved by IIRSM – Duration 90 mins



Food safety combines several practices to reduce health hazards. These include premises hygiene, personal hygiene, risk control, pest control and waste management. This level 1 course is about minimising the level of potential hazards in a food catering setting.

Level 1 Food Safety Catering - £15.00

Approved by RoSPA & CPD – Duration 50 mins

E-Learning: Health and Safety



Food safety combines several practices to reduce health hazards. These include premises hygiene, personal hygiene, risk control, pest control and waste management. This level 1 course is about minimising the level of potential hazards in a food manufacturing setting.

Level 1 Food Safety Manufacturing - £15.00

Approved by RoSPA & CPD - Duration 50 mins



Food safety combines several practices to reduce health hazards. These include premises hygiene, personal hygiene, risk control, pest control and waste management. This level 1 course is about minimising the level of potential hazards in a food retail setting.

Level 1 Food Safety Retail - £15.00

Approved by RoSPA & CPD - Duration 50 mins



Food safety combines several practices to reduce health hazards. These include premises hygiene, personal hygiene, risk control, pest control and waste management. This level 2 course is about minimising the level of potential hazards in a food catering setting.

Level 2 Food Safety Catering - £25.00

Approved by RoSPA & CPD - Duration 75 mins



Food safety combines several practices to reduce health hazards. These include premises hygiene, personal hygiene, risk control, pest control and waste management. This level 2 course is about minimising the level of potential hazards in a food manufacturing setting.

Level 2 Food Safety Manufacturing - £25.00

Approved by RoSPA & CPD - Duration 75 mins

E-Learning: Health and Safety



Food safety combines several practices to reduce health hazards. These include premises hygiene, personal hygiene, risk control, pest control and waste management. This level 2 course is about minimising the level of potential hazards in a food retail setting.

Level 2 Food Safety Retail - £25.00

Approved by RoSPA & CPD - Duration 75 mins



This course is aimed at anyone that works on licenced premises and gives them an overview of key topics relating to UK licencing law, responsibilities and penalties for breaching these. It also looks in detail at the issue of age verification including an interactive element to support learning in this area.

Licensed Premises Staff Training - £35.00

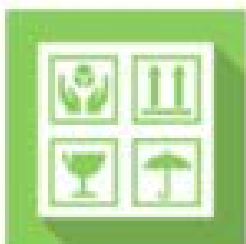
Approved by CPD - Duration 60 mins



This course will start by introducing the learning outcomes and role of the lockdown officer, then discuss some of the likely reasons for a lockdown, go over some of the steps you can take to prepare your school for lockdown as well as what to do in the event of a lockdown taking place.

Lockdown Procedure in Schools - £35.00

Approved by CPD - Duration 60 mins



This course outlines exactly what constitutes manual handling and covers the regulations and legislation that apply to manual handling tasks. It then goes on to cover safe handling techniques and how to develop good habits in relation to manual handling. It finishes off by introducing some practical solutions and the use of mechanical aids.

Important note: Please note that this is an awareness course only, if your duties include manual handling you will also need further practical training, get in touch about this.

Manual Handling - £35.00

Approved by IIRSM & CPD - Duration 75 mins

E-Learning: Health and Safety



This course explains the difference between mental health and mental illness. It covers the symptoms of several of the most common mental illnesses so you will know what to look out for or what to expect if you are working with someone with one of these conditions. As well as providing some practical advice on how you can work effectively with those affected by these conditions.

Mental Health Awareness - £25.00

Approved by CPD – Duration 25 mins



This course will show you how dangerous noise can be in the workplace, and the main safety issues you should be aware of. It will take you through some of the simple science, the main laws that apply and introduce you to noise level limits. It also covers some of the specific health risks and how to avoid them by producing risk assessments, action plans and through the provision of appropriate Personal Protective Equipment.

Noise Awareness - £35.00

Approved by IIRSM – Duration 55 mins



This course will show how wearing PPE plays a crucial role in preventing and reducing fatalities, injuries and diseases at work. It includes details of a wide range of PPE options, examines the legislation and regulations and covers the role risk assessment plays in the selection and use of PPE. The course concludes with advice on how to use, fit and wear PPE and its physical and theoretical limitations.

Personal Protective Equipment - £35.00

Approved by CPD – Duration 60 mins



This course will start by looking at some examples and statistics which highlight the seriousness and extent of aggressive pupil behaviour, it will then go on to explain how you can identify the stages of aggression and provide some tips on how you could de-escalate a pupil before they lash out. It also looks at where the law stands on this subject and finally best practice in theory if you ever do need to restrain a pupil.

Positive Handling in Schools - £25.00

Approved by CPD – Duration 100 mins

E-Learning: Health and Safety



This course starts with an overview of the Government's Prevent strategy, and then looks at some of the reasons people become extremists. It goes on to cover the objectives of the Prevent strategy, how to base your actions on a risk-based approach, what to do if you are concerned and much more.

Prevent Duty - £35.00

Approved by CPD - Duration 65 mins



This course will introduce you to some of the statistics relating to slips, trips and falls and dispel some of the myths surrounding them. It also touches on the law as it relates to slips, trips and falls. It contains real examples of where things have gone wrong and some practical steps that could have been taken to prevent these incidents. The course also covers some of the straightforward changes that can be made in most businesses to significantly reduce the risk of a slip, trip or fall incident occurring.

Slips, Trips and Falls - £35.00

Approved by IIRSM - Duration 60 mins



This is a detailed course that starts with basic definitions, then follows a logical path through other topics including, types of food hazards, personal hygiene, pest control, legislation, enforcement, and the design and cleaning of premises and equipment. It also discusses how to implement a successful food safety management system. There is a wide range of topics because an effective Food Safety Management System, professionally run, protects your customers, your staff, and the reputation of your company.

Supervising Food Safety - Level 3 - £125.00

Approved by IIRSM - Duration 60 mins



This course is aimed at anyone who undertakes work at height, or who employs people who regularly work at height. It covers what constitutes work at height, the safety issues, and how to assess and reduce some of the risks.

Important note: Please note that this is an awareness course only, if your duties include working at height you will also need further practical training, you can get in touch with us to arrange this.

Working at Height - £35.00

Approved by RoSPA - Duration 105 mins

E-Learning: Health and Safety



This course will cover the legislation associated with working in confined spaces. What constitutes a confined space, the potential hazards, safe operating procedures, and emergency procedures and rescue.

Important note: This is an awareness course only, designed for people who need to be aware of the hazards and risks of confined space working but are not required to enter a confined space. If you are required to perform any work activity in, or in the proximity of, a confined space then you will also need to have an 'approved' standard of practical training at the 'appropriate' level.

Working in Confined Spaces - £35.00

Approved by IIRSM - Duration 25 mins



Working safely is in the interest and concern of all staff, both employers and employees. Health and safety is one of the few areas where the law places specific duties specifically on employees so a knowledge of where this applies and how to ensure that it is adhered to is vital to protect individuals and businesses.

The course covers a wide range of topics including fire safety, asbestos awareness, working at height, COSHH, PPE and electricity. It also covers schemes for improving safety performance and methods of protecting the environment.

Working Safely - £65.00

Approved by RoSPA & IIRSM - Duration 150 mins



This course is an introduction to the private security industry, and the main services it covers. It discusses the body which regulates the industry, highlights the standards of behaviour expected from security operatives, and the law as it relates to the industry. It includes an in-depth look at health and safety issues, the concept of duty of care and examines a range of emergency situations which security operatives might be involved with. The course also covers communication skills, including tips for effective radio communication and instructions on how to use the phonetic alphabet.

Working with the Private Security Industry - £35.00

Approved by CPD - Duration 90 mins



At the end of this course you will understand health and safety legislation and you'll be able to list common causes of accidents. You'll also be able to understand good practice in relation to electricity and describe the use of safe manual handling techniques as well as be able to describe good practice associated with COSHH regulations, be able to describe your action in the event of a fire and also you will know how to deal with an accident.

Workplace Health and Safety - £35.00

Approved by IIRSM - Duration 45 mins

E-Learning: Social Care



This course will provide you with an understanding of what autism is and how it affects a child's daily life. It will touch on what factors contribute towards a child developing autism as well as some of the typical behaviours associated with it and how to can provide effective support for those with the condition. It also discusses what happens during the diagnosis process, some of the intervention methods that can help manage the condition and suggests some simple adaptations you can make to improve a child with autism's day to day life.

Autism Awareness - £25.00

Approved by CPD - Duration 30 mins



This course is intended to give you an overview of the common types and symptoms of dementia as well as going into how it can affect the brain in different ways. It also covers strategies to use with clients with dementia and dealing with challenging behaviour. The course is intended for anyone who works with or around people that may be living with dementia.

Dementia Awareness - £25.00

Approved by CPD - Duration 25 mins



Diabetes is a serious lifelong health condition that occurs when the amount of glucose, or sugar, in the blood is too high. If left untreated, high blood glucose levels can cause serious health complications. This course is aimed at people working in the health and social care sector and will provide an overview of the condition, the common symptoms that might indicate someone has diabetes, methods of diagnosis, some possible treatments and common complications that can affect those with the condition.

Diabetes Awareness - £25.00

Approved by CPD - Duration 45 mins



The course will start by defining dignity and privacy within the healthcare sector and will explain how the two are quite often linked. It will then go on to give you a range of useful professional tips about setting up the right working relationship with your service users, and discuss some of the issues that can arise when dignity and privacy are not respected.

Dignity and Privacy - £25.00

Approved by CPD - Duration 50 mins

E-Learning: Social Care



A duty of care is the requirement that all health and social care professionals, and organisations providing health and care services, must put the interests of service users first. This course will give you an introduction to the concept of duty of care, cover how duty of care affects your work, what to do if you come across a duty of care dilemma and where to go for support or advice along with some practical examples of duty of care situations.

Duty of Care - £25.00

Approved by CPD - Duration 50 mins



This course will provide you with information about what to expect, how to handle some of the emotions associated with this time and working with the other professionals involved in end of life care.

End of Life Care - £25.00

Approved by CPD - Duration 25 mins



This course will give you an overview of epilepsy. It lists the methods of diagnosis, what a seizure is and how the brain can be affected. It will introduce some possible seizure triggers and describe what to do when someone has a seizure. It will also discuss some of the treatments offered to people with epilepsy and provide practical advice on what you can do if you witness someone having a seizure.

Epilepsy Awareness - £25.00

Approved by CPD - Duration 30 mins



In this course we are going to be discussing two topics, 'equality' and 'diversity' and how they relate to one another. Understanding this will help us to identify and address issues of unfairness and discrimination in the workplace.

Equality, Diversity and Discrimination - £35.00

Approved by CPD - Duration 70 mins

E-Learning: Social Care



This course introduces the concept of handling information in care settings. At the end of the course you will understand the need for secure handling of information, and you will know how to access support if you have any questions regarding access to information. The course will cover the important role confidentiality plays in developing trusting relationships with the people in your care and it will define key terms such as 'need to know' and 'consent'.

Handling information in a Care setting - £25.00

Approved by CPD - Duration 20 mins



This course will start by defining infection prevention and control and explaining the impact of good and bad infection control. It then goes into detail about the legislation that applies to infection control, the different types of microorganisms, how bacteria are transmitted, the chain of infection, and much more.

Infection Control - £25.00

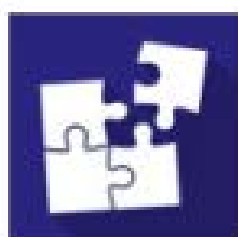
Approved by CPD - Duration 60 min



This Introduction to the Safe Handling of Medicines course will start by explaining the key terminology used when handling medicines. It then goes into detail about the roles of the people involved; some of the different groups of medicines, providing different levels of support to patients, infection control, label interpretation and much more.

Introduction to Safe Handling of Medicines - £25.00

Approved by CPD - Duration 60 min



This course will start by giving you an overview of some of the common types and causes of learning disabilities and how they affect people. It will touch on how a person-centred approach to care will get the best results and look at how management must perform, and at the needs of the individual. I will also discuss overcoming the stigma attached to learning disabilities and much more.

Learning Disability Awareness - £25.00

Approved by CPD - Duration 50 min

E-Learning: Social Care



This course describes in detail the many facets and procedures of the Mental Capacity Act. This includes who the act affects, when it applies, how to assess capacity and the procedures that can be put in place in the home or workplace to ensure best practices are followed and people are treated fairly at all times.

Mental Capacity Act and Deprivation of Liberty Safeguards - £25.00

Approved by CPD - Duration 75 min



This course will start by defining the various terms used when talking about nutrition and hydration in care environments, the basic elements of nutrition and eating a healthy balanced diet, identify the reasons why vulnerable people might suffer with dehydration and the tools you can use to identify people that are at risk of malnutrition and the steps you can take to deal with this condition.

Nutrition and Hydration - £25.00

Approved by CPD - Duration 65



This course will give you an understanding of person-centred approaches for care and support, and how to implement a person-centred approach in an adult social care setting. It starts by explaining what we mean by person centred care and where this term originated. It then goes on to analyse the values represented by person centred care and explains why care should be as much as possible tailored to each service user. Finally, it will give you an overview of care plans, daily reports, the importance of obtaining consent and much more.

Person Centred Care - £25.00

Approved by CPD - Duration 45 min



This course covers some of the different ways of communication, how to identify barriers to communication and how to reduce these, making sure the person you are communicating with understands what you are communicating, how to get help with communication issues and much more.

Principals of Communication - £25.00

Approved by CPD - Duration 75 min

E-Learning: Social Care



This course is aimed at anyone who has a duty of care for, or comes into contact with, adults in need of care and support, either as a paid professional or a volunteer. You and the organisation you work for must take appropriate measures for the protection of adults in your care, while still ensuring they are supported and empowered. This course can bring you one step closer to being able to do this.

Safeguarding Adults - £35.00

Approved by CPD - Duration 75 min



Safeguarding is a term that describes the work and processes undertaken to minimise and manage the risks involved to vulnerable children. During this training video you will hear many facts, figures and details surrounding the risk to children, the types of abuse suffered, how to recognise the signs of abuse and key safeguarding legislations put in place to minimise the abuse of children.

Safeguarding Children - £35.00

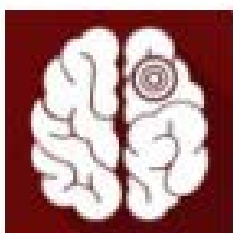
Approved by CPD - Duration 75 min



In this course you'll learn about the prevalence and different types of 'sharps litter' that can be found in the UK. It then covers the primary and secondary risks from sharps including some of the common blood borne viruses. It also covers the responsibilities of employers, the equipment needed and the effectiveness of PPE. Finally, it'll cover how to report discarded sharps and the correct procedures to follow if you're unlucky enough to receive a sharps injury.

Sharps Awareness - £25.00

Approved by CPD - Duration 55 min



Strokes are the fourth single leading cause of death in the UK, as well as a leading cause of disability. Being aware of the causes and symptoms will help you act fast in a situation where you suspect someone is having a stroke and provide them with the best chance of receiving the treatment they need and minimising the long term impact of the condition. This course will cover the types of strokes, the symptoms, and risk factors. It will also cover the treatment options and the longer-term impact of the condition.

Stroke Awareness - £25.00

Approved by CPD - Duration 55 min

E-Learning: Social Care



This course will define social care and talk about why people choose it as a career and what its goals and objectives are. It will also cover job descriptions, person centred care, understanding code of practices and the basics of government legislation. Finally, it will touch on dealing with conflicts at work.

Understanding your role in Care - £25.00

Approved by CPD - Duration 40 min



The course will start by looking at the way standards are set, monitored and regulated for social care organisations and workers throughout the UK. It then goes on to cover the codes of practice and legislation, reflecting on your work to ensure continued improvement, communication, feedback and much more.

Your Personal Development - £25.00

Approved by CPD - Duration 35 min